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**Research Paper** 

# Some Case Studies of AIDS/HIV Patients in India

Ankit Patel<sup>1</sup>\*

# ABSTRACT

The presents study was held in area of PANCHMAHAL district. Aim of the study is to measure the difference of AIDS positive & negative tribal and non tribal women, about self-concept. 80 women were selected randomly from Godhra' Civil hospital and Local area. In which 20 tribal and 20 non tribal from AIDS positive and tribal and 20 non tribal AIDS negative women. For present study "MENTAL HEALTH BATTERY" (MHB) of Arunkumar Singh and Alpna Sen Gupta was used. From this battery only 15 items were selected (related to self-concept) for the research. For this comparison's t test was used. Result is that there is a no significant difference in self-concept of women.

# Keywords: HIV/AIDS, Case Study, Clinical Psychology

he present study deals with the mental health of AIDS patients. Therefore it is essential that we should have some clear ideas about the scientific nature of AIDS and health. Human Immunodeficiency mental Virus **Infection/Acquired** Immunodeficiency Syndrome (HIV/AIDS) is a disease of the human immune system caused by infection with human immunodeficiency virus (HIV). During the initial infection, a person may experience a brief period of influenza-like illness. This is typically followed by a prolonged period without symptoms. As the illness progresses, it interferes more and more with the immune system, making the person much more likely to get infections, including opportunistic infections and tumors that do not usually affect people who have working immune systems. HIV is transmitted primarily via unprotected sexual intercourse (including anal and even oral sex), contaminated blood transfusions, hypodermic needles, and from mother to child during pregnancy, delivery, or breastfeeding. Some bodily fluids, such as saliva and tears, do not transmit HIV. Prevention of HIV infection, primarily through safe sex and needle-exchange programs, is a key strategy to control the spread of the disease. There is no cure or vaccine; however, antiretroviral treatment can slow the course of the disease and may lead to a near-normal life expectancy. While antiretroviral treatment reduces the risk of death and complications from the disease, these medications are expensive and may be associated with side effects.

# Acute infection:

The initial period following the contraction of HIV is called acute HIV, primary HIV or acute retroviral syndrome. Many individuals develop an influenza-like illness or a mononucleosis-like illness 2–4 weeks post exposure while others have no significant symptoms. Symptoms

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occur in 40–90% of cases and most commonly include fever, large tender lymph nodes, throat inflammation, a rash, headache, and/or sores of the mouth and genitals. The rash, which occurs in 20–50% of cases, presents itself on the trunk and is maculopapular, classically. Some people also develop opportunistic infections at this stage. Gastrointestinal symptoms such as nausea, vomiting or diarrhea may occur, as may neurological symptoms of peripheral neuropathy or Guillain-Barre syndrome. The duration of the symptoms varies, but is usually one or two weeks.

Due to their nonspecific characte\r, these symptoms are not often recognized as signs of HIV infection. Even cases that do get seen by a family doctor or a hospital are often misdiagnosed as one of the many common infectious diseases with overlapping symptoms. Thus, it is recommended that HIV be considered in patients presenting an unexplained fever who may have risk factors for the infection.

# AIDS IN INDIA:

According to a recent study in the British Medical Journal, India has an HIV/AIDS population of approximately 1.4-1.6 million people. According to the United Nations 2011 AIDS report, there has been a 50% decline in the number of new HIV infections in the last 10 years in India. "According to the data released by National AIDS Control Organization NACO, India has demonstrated an overall reduction of 57 percent in estimated annual new Human immunodeficiency virus (HIV) infections (among adult population) from 0.274 million in 2000 to 0.116 million in 2011, and the estimated number of people living with HIV was 2.08 million in 2011.

The prevalence estimates reported above are suspect. NACO's sentinel survey data indicates over 5.7 million HIV cases in 2001. In 1987 New Delhi announced a National AIDS control Program but that organization spent a substantial amount of time arguing that the AIDS problem in India was overstated.

Despite being home to the world's third-largest population suffering from HIV/AIDS (with South Africa and Nigeria having more), the AIDS prevalence rate in India is lower than in many other countries. In 2007, India's AIDS prevalence rate stood at approximately 0.30%the 89<sup>th</sup> highest in the world. The spread of HIV in India is primarily restricted to the southern and north-eastern regions of the country and India has also been praised for its extensive anti-AIDS campaign. The US\$2.5 billion National AIDS Control Plan III was set up by India in 2007 and received support from UNAIDS The main factors which have contributed to India's large HIV-infected population are extensive labor migration and low literacy levels in certain rural areas resulting in lack of awareness and gender disparity. The Government of India has also raised concerns about the role of intravenous drug use and prostitution in spreading AIDS, especially in north-east India and certain urban pockets. A recent study published in the British medical journal "The Lancet" in (2006) reported an approximately 30% decline in HIV infections among young women aged 15 to 24 years attending prenatal clinics in selected southern states of India from 2000 to 2004 where the epidemic is thought to be concentrated. The authors cautiously attribute observed declines to increased condom use by men who visit commercial sex workers and cite several pieces of corroborating evidence. Some efforts have been made to tailor educational literature to those with low literacy levels, mainly through local libraries as this is the most readily accessible locus of information for interested parties. Increased awareness regarding the disease and citizen's related rights is in line with the Universal Declaration on Human Rights.

The estimated adult HIV prevalence was 0.32% in 2008 and 0.31% in 2009. The states with high HIV prevalence rates include Manipur (1.40%), Andhra Pradesh (0.90%), Mizoram (0.81%), Nagaland (0.78%), Karnataka (0.63%) and Maharashtra (0.55%).

The adult HIV prevalence in India is declining from estimated level of 0.41% in 2000 through 0.36% in 2006 to 0.31% in 2009. Adult HIV prevalence at a national level has declined notably in many states, but variations still exist across the states. A decreasing trend is also evident in HIV prevalence among the young population of 15–24 years. The estimated number of new annual HIV infections has declined by more than 50% over the past decade.

According to Michel Sidibé, Executive Director of UNAIDS, India's success comes from using an evidence-informed and human rights-based approach that is backed by sustained political leadership and civil society engagement. India must now strive to achieve universal access to HIV prevention, treatment, care and support.

| *HIV statistics, 2011 in India |                                                   |                                             |                                   |                                   |                                                    |  |
|--------------------------------|---------------------------------------------------|---------------------------------------------|-----------------------------------|-----------------------------------|----------------------------------------------------|--|
| State                          | Antenatal<br>clinic HIV<br>prevalence<br>2007 (%) | STD clinic<br>HIV<br>prevalence<br>2007 (%) | IDU HIV<br>prevalence<br>2007 (%) | MSM HIV<br>prevalence<br>2007 (%) | Female sex<br>worker HIV<br>prevalence<br>2007 (%) |  |
| A & N<br>Islands               | 0.25                                              | 1.33                                        |                                   |                                   |                                                    |  |
| Andhra<br>pradesh              | 1.00                                              | 17.20                                       | 3.71                              | 17.04                             | 9.74                                               |  |
| Arunachal<br>Pradesh           | 0.00                                              | 0.00                                        | 0.00                              |                                   |                                                    |  |
| Assam                          | 0.00                                              | 0.50                                        | 2.41                              | 2.78                              | 0.44                                               |  |
| Bihar                          | 0.25                                              | 0.40                                        | 0.60                              | 0.00                              | 3.40                                               |  |
| Chandigarh                     | 0.25                                              | 0.42                                        | 8.64                              | 3.60                              | 0.40                                               |  |
| Chhattisgarh                   | 0.25                                              | 3.33                                        |                                   |                                   | 1.43                                               |  |
| D & N Haveli                   | 0.50                                              |                                             |                                   |                                   |                                                    |  |
| Daman & Diu                    | 0.13                                              |                                             |                                   |                                   |                                                    |  |
| Delhi                          | 0.25                                              | 5.20                                        | 10.10                             | 11.73                             | 3.15                                               |  |
| Goa                            | 0.18                                              | 5.60                                        |                                   | 7.93                              |                                                    |  |
| Gujarat                        | 0.25                                              | 2.40                                        |                                   | 8.40                              | 6.53                                               |  |
| Haryana                        | 0.13                                              | 0.00                                        | 0.80                              | 5.39                              | 0.91                                               |  |
| Himachal<br>Pradesh            | 0.00                                              | 0.00                                        |                                   | 5.39                              | 0.87                                               |  |
| Jammu &<br>Kashmir             | 0.00                                              | 0.20                                        |                                   |                                   |                                                    |  |
| Jharkhand                      | 0.00                                              | 0.40                                        |                                   |                                   | 1.09                                               |  |
| Karnataka                      | 0.50                                              | 8.40                                        | 2.00                              | 17.60                             | 5.30                                               |  |
| Kerala                         | 0.38                                              | 1.60                                        | 7.85                              | 0.96                              | 0.87                                               |  |
| Lakshadweep                    | 0.00                                              | 0.00                                        |                                   |                                   | 0.00                                               |  |
| Madhya<br>Pradesh              | 0.00                                              | 1.72                                        |                                   |                                   | 0.67                                               |  |
| Maharashtra                    | 0.50                                              | 11.62                                       | 24.40                             | 11.80                             | 17.91                                              |  |
| Manipur                        | 0.75                                              | 4.08                                        | 17.90                             | 16.4                              | 13.07                                              |  |
| Meghalya-                      | 0.00                                              | 2.21                                        | 4.17                              |                                   |                                                    |  |

| Some Case Studies of AIDS/HIV | / Patients in India |
|-------------------------------|---------------------|
|-------------------------------|---------------------|

| Mizoram       | 0.75 | 7.13 | 7.53  |      | 7.20 |
|---------------|------|------|-------|------|------|
| Nagaland      | 0.60 | 3.42 | 1.91  |      | 8.91 |
| Orissa        | 0.00 | 1.60 | 7.33  | 7.37 | 0.80 |
| Pondicherry   | 0.00 | 3.22 |       | 2.00 | 1.30 |
| Punjab        | 0.00 | 1.60 | 13.79 | 1.22 | 0.65 |
| Rajasthan     | 0.13 | 2.00 |       |      | 4.16 |
| Sikkim        | 0.09 | 0.00 | 0.47  |      | 0.00 |
| Tamil Nadu    | 0.25 | 8.00 | 16.80 | 6.60 | 4.68 |
| Tripura       | 0.25 | 0.40 | 0.00  |      |      |
| Uttar Pradesh | 0.00 | 0.48 | 1.29  | 0.40 | 0.78 |
| Uttaranchal   | 0.00 | 0.00 |       |      |      |
| West Bengal   | 0.00 | 0.80 | 7.76  | 5.61 | 5.92 |

\*Some areas report an HIV prevalence rate of zero in antenatal clinics. This does not necessarily mean HIV is absent from the area, as some states report the presence of the virus at STD clinics and amongst injecting drug users. In some states and territories the average antenatal HIV prevalence is based on reports from only a small number of clinics.

# **HISTORY:**

In 1986, the first known case of HIV was diagnosed by Dr. Suniti Solmon amongst female sex workers in Chennai. Later that year, sex workers began showing signs of this deadly disease. At that time, foreigners in India were traveling in and out of the country. It is thought that these foreigners were the ones responsible for the first infections. By 1987, about 135 more cases came to light. Among these 14 had already progressed to AIDS. Prevalence in high risk groups reached above 5% by 1990. As per UNDP's 2010 report, India had 2.395 million people living with HIV at the end of 2009, up from 2.27 million in 2008. Adult prevalence also rose from 0.29% in 2008 to 0.31% in 2009.

In 1986, HIV started its epidermis in India, attacking sex workers in Chennai, Tamil Nadu. Setting up HIV screening centers was the first step taken by the government to screen its citizens and the blood bank. To control the spread of the virus, the Indian government set up the National AIDS Control Programmers in 1987 to co-ordinate national responses such as blood screening and health education.

In 1992, the government set up the National AIDS Control Organization (NACO) to oversee policies and prevention and control programmers' relating to HIV and AIDS and the National AIDS Control Programmers (NACP) for HIV prevention. The State AIDS Control Societies (SACS) was set up in 25 societies and 7 union territories to improving blood safety.

In 1999, the second phase of the National AIDS Control Programmed (NACP II) was introduced to decrease the reach of HIV by promoting behavior change. The prevention of mother-to-child transmission programmed (PMTCT) and the provision of antiretroviral treatment were materialized.

In 2007, the third phase of the National AIDS Control Programmed (NACP III) targeted the high-risk groups, conducted outreach programmers, amongst others. It also decentralized the effort to local levels and non-governmental organizations (NGOs) to provide welfare services to the affected.

# **REVIEW OF LITERATURE**

A: UNAIDS Inter: Agency test team (IATT) on education published a research paper in 2009. Such research was carried out by IATT for 2010. Global monitoring report on reaching and teaching the most marginalized. The research was carried out with the aim of improving and accelerating the education response to HIV and AIDS. Its specific objectives are to encourage alignment and harmonization within and across agencies to support global and country level actions.

B: In may 2006 a working group of the unaided (IATT) on education was formed to support the main streaming of HIV and AIDS in the G.M.R. IATT administration housed in UNESCO's section of HIV and AIDS in the division for the co-ordination of priorities in education has acted as the agent between IATT and GMR.

C: The team of 2010 GMR on reaching and teaching the most marginal has particular relevance. Children affected by AIDS can face particular challenges in getting educational opportunities ensuring regular school attendance containing their studies. Teachers are given an important responsibility in ensuring that children and young people acquire essential knowledge, skills, and attitudes for HIV prevention.

D: AIDS research alliance help to make HIV/AIDS treatable but 8000 people still die of AIDS every day, while millions more with HIV may lose thrill of their lifespan.

As an independent research organization, AIDS research alliance has moved the science forward contributing to the approval of today's HIV/AIDS treatment. AIDS research alliance was the first origination to claim that it is possible to cure HIV/AIDS. Today the world is working to prevent HIV infection. AIDS research alliance is taking steps towards realizing president OBAMA's vision of an "AIDS free generation"

# **OBJECTIVES**

- 1. Main aim of this study is to know about the patient's emotional stability, adjustment, and self concept regarding their mental health.
- 2. To know about the patient's present life style.
- 3. To study and compare the mental health of male patient and female patient.
- 4. To know the difference between the personality traits of male and female patient.
- 5. Massage to whole society that all patient of AIDS require more sympathy, cooperation, affection, love, and care.

# **RESEARCH DESIGN**

For present research "MENTAL HEALTH BATTERY OF ARUNKUMAR AND ALPNA SEN GUPTA" was used. From this battery only 70 items were selected for the study, 15 items for emotional stability, 40 for adjustment, and 15 for self-concept. Twenty patients were selected randomly from GODHRA's CIVIL hospital. In this group 10 patients are male and 10 patients are female. When patients came to hospital for treatment, the questionnaire was given to them. All patients answered with full co-operation. Thus data of twenty patients was collected. After that according to MHB the analysis was done. 't' test was used for all case studies.

# VARIABLES

In this study patient's illness and present life style are independent variables. Gender of patients is independent variable. Emotional stability, Adjustment, and Self-concept are dependent variables.

# **RESULT AND DISCUSSION**

Result of each patient is indication is separate table. Table wise discussion is done below. Final conclusions and significance of research is show at the end. Case study 1 to 10 is male patients and 11 to 20 are female patients.

| Case study no.1: SHAIKH M         | AKBUBHAI                           |                                |  |  |  |  |
|-----------------------------------|------------------------------------|--------------------------------|--|--|--|--|
| Traits                            | Total Score                        | Patient Score                  |  |  |  |  |
| Emotional Stability               | 15                                 | 08                             |  |  |  |  |
| Adjustment                        | 40                                 | 18                             |  |  |  |  |
| Self-Concept                      | 15                                 | 07                             |  |  |  |  |
| *This table indicts that MAKB     | ULBHAI's all score are law in v    | which his adjustment is very   |  |  |  |  |
| poor.                             |                                    |                                |  |  |  |  |
| Case study no.2: RATHOR V         | Case study no.2: RATHOR VIKRAMBHAI |                                |  |  |  |  |
| Traits                            | Total Score                        | Patient Score                  |  |  |  |  |
| Emotional Stability               | 15                                 | 11                             |  |  |  |  |
| Adjustment                        | 40                                 | 21                             |  |  |  |  |
| Self-Concept                      | 15                                 | 08                             |  |  |  |  |
| *Patient VIKRAMBHAI's score       | e of self-concept is very low. Se  | o he is depended on others.    |  |  |  |  |
| Case study no.3: MAKVANA          | VIJAYBHAI                          |                                |  |  |  |  |
| Traits                            | Total Score                        | Patient Score                  |  |  |  |  |
| Emotional Stability               | 15                                 | 08                             |  |  |  |  |
| Adjustment                        | 40                                 | 25                             |  |  |  |  |
| Self-Concept                      | 15                                 | 07                             |  |  |  |  |
| *In this table patient's score of | emotional stability and self con   | cepts are poor.                |  |  |  |  |
| Case study no.4: MAKVANA          | DHARMESHBHAI                       |                                |  |  |  |  |
| Traits                            | Total Score                        | Patient Score                  |  |  |  |  |
| Emotional Stability               | 15                                 | 05                             |  |  |  |  |
| Adjustment                        | 40                                 | 25                             |  |  |  |  |
| Self-Concept                      | 15                                 | 09                             |  |  |  |  |
| *Table no.4 indicates that patie  | nt is emotionally disturbed and    | dependent on others.           |  |  |  |  |
| Case study no.5: RATHVA S         | HANABHAI                           |                                |  |  |  |  |
| Traits                            | Total Score                        | Patient Score                  |  |  |  |  |
| Emotional Stability               | 15                                 | 07                             |  |  |  |  |
| Adjustment                        | 40                                 | 19                             |  |  |  |  |
| Self-Concept                      | 15                                 | 07                             |  |  |  |  |
| *These tables clearly mention t   | hat patient's mental health is ve  | ry weak.                       |  |  |  |  |
| Case study no.6: PATELIA R        | AMESHBHAI                          |                                |  |  |  |  |
| Traits                            | Total Score                        | Patient Score                  |  |  |  |  |
| Emotional Stability               | 15                                 | 07                             |  |  |  |  |
| Adjustment                        | 40                                 | 18                             |  |  |  |  |
| Self-Concept                      | 15                                 | 09                             |  |  |  |  |
| *PATELIA RAMESHBHAI i             | s also disturbed and upset is his  | life style, which is mentioned |  |  |  |  |
| in this table.                    |                                    |                                |  |  |  |  |

#### MALE PATIENTS:

| Case study no.:/ SAMBHALI                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Case study no.:7 SAMBHALIWALA RAHENADBHAI                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                  |  |  |  |  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
| Traits                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Total Score                                                                                                                                                                                                                                                                                                                                                                          | Patient Score                                                                                                                                                                    |  |  |  |  |
| Emotional Stability                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 15                                                                                                                                                                                                                                                                                                                                                                                   | 05                                                                                                                                                                               |  |  |  |  |
| Adjustment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 40                                                                                                                                                                                                                                                                                                                                                                                   | 24                                                                                                                                                                               |  |  |  |  |
| Self-Concept                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 15                                                                                                                                                                                                                                                                                                                                                                                   | 07                                                                                                                                                                               |  |  |  |  |
| *This patient AIDS has affected                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | his emotional balance and his                                                                                                                                                                                                                                                                                                                                                        | self-concept is also poor.                                                                                                                                                       |  |  |  |  |
| Case study no.8: GAMIT SAN                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | NKETBHAI                                                                                                                                                                                                                                                                                                                                                                             | <b>I I I I I I I I I I</b>                                                                                                                                                       |  |  |  |  |
| Traits                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Total Score                                                                                                                                                                                                                                                                                                                                                                          | Patient Score                                                                                                                                                                    |  |  |  |  |
| Emotional Stability                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 15                                                                                                                                                                                                                                                                                                                                                                                   | 06                                                                                                                                                                               |  |  |  |  |
| Adjustment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 40                                                                                                                                                                                                                                                                                                                                                                                   | 22                                                                                                                                                                               |  |  |  |  |
| Self-Concept                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 15                                                                                                                                                                                                                                                                                                                                                                                   | 09                                                                                                                                                                               |  |  |  |  |
| *This table is also like another t                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | table that natient is emotionally                                                                                                                                                                                                                                                                                                                                                    | disturbed and depended                                                                                                                                                           |  |  |  |  |
| Case study no 9. TOPIWALA                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | MOHMADRHAI                                                                                                                                                                                                                                                                                                                                                                           | disturbed and depended.                                                                                                                                                          |  |  |  |  |
| Traits                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Total Score                                                                                                                                                                                                                                                                                                                                                                          | Patient Score                                                                                                                                                                    |  |  |  |  |
| Emotional Stability                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 15                                                                                                                                                                                                                                                                                                                                                                                   | 07                                                                                                                                                                               |  |  |  |  |
| A divisiment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 10                                                                                                                                                                                                                                                                                                                                                                                   | 10                                                                                                                                                                               |  |  |  |  |
| Adjustitient                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 40                                                                                                                                                                                                                                                                                                                                                                                   | 19                                                                                                                                                                               |  |  |  |  |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                  |  |  |  |  |
| TOPIWALA MOHMADBHAI                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | is also emotionally disturbed al                                                                                                                                                                                                                                                                                                                                                     | na dependea.                                                                                                                                                                     |  |  |  |  |
| Case study no.10: THAKOR                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                      | Defter A Constant                                                                                                                                                                |  |  |  |  |
| Traits                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Total Score                                                                                                                                                                                                                                                                                                                                                                          | Patient Score                                                                                                                                                                    |  |  |  |  |
| Emotional Stability                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 15                                                                                                                                                                                                                                                                                                                                                                                   | 08                                                                                                                                                                               |  |  |  |  |
| Adjustment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 40                                                                                                                                                                                                                                                                                                                                                                                   | 18                                                                                                                                                                               |  |  |  |  |
| Self-Concept                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 15                                                                                                                                                                                                                                                                                                                                                                                   | 07                                                                                                                                                                               |  |  |  |  |
| Table no 10 also indicates the s                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | ame result like another table. Th                                                                                                                                                                                                                                                                                                                                                    | nis patient is also disturbed in                                                                                                                                                 |  |  |  |  |
| emotionally                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                  |  |  |  |  |
| emotionally.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                  |  |  |  |  |
| Female Patients:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                  |  |  |  |  |
| Female Patients:<br>Case study no.11: MAKVANA                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | A JAYESRIBEN                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                  |  |  |  |  |
| Female Patients:<br>Case study no.11: MAKVANA<br>Traits                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | A JAYESRIBEN<br>Total Score                                                                                                                                                                                                                                                                                                                                                          | Patient Score                                                                                                                                                                    |  |  |  |  |
| Female Patients:<br>Case study no.11: MAKVANA<br>Traits<br>Emotional Stability                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | A JAYESRIBEN<br>Total Score<br>15                                                                                                                                                                                                                                                                                                                                                    | Patient Score                                                                                                                                                                    |  |  |  |  |
| Female Patients:<br>Case study no.11: MAKVANA<br>Traits<br>Emotional Stability<br>Adjustment                                                                                                                                                                                                                                                                                                                                                                                                                                                    | A JAYESRIBEN<br>Total Score<br>15<br>40                                                                                                                                                                                                                                                                                                                                              | Patient Score0820                                                                                                                                                                |  |  |  |  |
| Female Patients:<br>Case study no.11: MAKVANA<br>Traits<br>Emotional Stability<br>Adjustment<br>Self-Concept                                                                                                                                                                                                                                                                                                                                                                                                                                    | A JAYESRIBEN<br>Total Score<br>15<br>40<br>15                                                                                                                                                                                                                                                                                                                                        | Patient Score082005                                                                                                                                                              |  |  |  |  |
| Female Patients:<br>Case study no.11: MAKVANA<br>Traits<br>Emotional Stability<br>Adjustment<br>Self-Concept<br>JAYESRIBEN is emotionally d                                                                                                                                                                                                                                                                                                                                                                                                     | A JAYESRIBEN<br>Total Score<br>15<br>40<br>15<br>isturbed and her self-concept is                                                                                                                                                                                                                                                                                                    | Patient Score082005poor, which is shown this in                                                                                                                                  |  |  |  |  |
| Female Patients:<br>Case study no.11: MAKVANA<br>Traits<br>Emotional Stability<br>Adjustment<br>Self-Concept<br>JAYESRIBEN is emotionally d<br>table.                                                                                                                                                                                                                                                                                                                                                                                           | A JAYESRIBEN<br>Total Score<br>15<br>40<br>15<br>isturbed and her self-concept is                                                                                                                                                                                                                                                                                                    | Patient Score082005poor, which is shown this in                                                                                                                                  |  |  |  |  |
| Female Patients:<br>Case study no.11: MAKVANA<br>Traits<br>Emotional Stability<br>Adjustment<br>Self-Concept<br>JAYESRIBEN is emotionally d<br>table.<br>Case study no.12: SHEKH RU                                                                                                                                                                                                                                                                                                                                                             | A JAYESRIBEN<br>Total Score<br>15<br>40<br>15<br>isturbed and her self-concept is<br>JKHSHARBEN                                                                                                                                                                                                                                                                                      | Patient Score082005poor, which is shown this in                                                                                                                                  |  |  |  |  |
| Female Patients:<br>Case study no.11: MAKVANA<br>Traits<br>Emotional Stability<br>Adjustment<br>Self-Concept<br>JAYESRIBEN is emotionally d<br>table.<br>Case study no.12: SHEKH RU<br>Traits                                                                                                                                                                                                                                                                                                                                                   | A JAYESRIBEN<br>Total Score<br>15<br>40<br>15<br>isturbed and her self-concept is<br>JKHSHARBEN<br>Total Score                                                                                                                                                                                                                                                                       | Patient Score082005poor, which is shown this inPatient Score                                                                                                                     |  |  |  |  |
| Female Patients:<br>Case study no.11: MAKVANA<br>Traits<br>Emotional Stability<br>Adjustment<br>Self-Concept<br>JAYESRIBEN is emotionally d<br>table.<br>Case study no.12: SHEKH RU<br>Traits<br>Emotional Stability                                                                                                                                                                                                                                                                                                                            | A JAYESRIBEN<br>Total Score<br>15<br>40<br>15<br>isturbed and her self-concept is<br>JKHSHARBEN<br>Total Score<br>15                                                                                                                                                                                                                                                                 | Patient Score   08   20   05   poor, which is shown this in   Patient Score   06                                                                                                 |  |  |  |  |
| Female Patients:<br>Case study no.11: MAKVANA<br>Traits<br>Emotional Stability<br>Adjustment<br>Self-Concept<br>JAYESRIBEN is emotionally d<br>table.<br>Case study no.12: SHEKH RU<br>Traits<br>Emotional Stability<br>Adjustment                                                                                                                                                                                                                                                                                                              | A JAYESRIBEN<br>Total Score<br>15<br>40<br>15<br>isturbed and her self-concept is<br>JKHSHARBEN<br>Total Score<br>15<br>40                                                                                                                                                                                                                                                           | Patient Score082005poor, which is shown this inPatient Score0623                                                                                                                 |  |  |  |  |
| Female Patients:<br>Case study no.11: MAKVANA<br>Traits<br>Emotional Stability<br>Adjustment<br>Self-Concept<br>JAYESRIBEN is emotionally d<br>table.<br>Case study no.12: SHEKH RU<br>Traits<br>Emotional Stability<br>Adjustment<br>Self-Concept                                                                                                                                                                                                                                                                                              | A JAYESRIBEN<br>Total Score<br>15<br>40<br>15<br>isturbed and her self-concept is<br>JKHSHARBEN<br>Total Score<br>15<br>40<br>15                                                                                                                                                                                                                                                     | Patient Score082005poor, which is shown this inPatient Score062308                                                                                                               |  |  |  |  |
| Female Patients:<br><b>Case study no.11: MAKVANA</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>JAYESRIBEN is emotionally d<br>table.<br><b>Case study no.12: SHEKH RU</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>*Here in this table patient is very                                                                                                                                                                                                                           | A JAYESRIBEN<br>Total Score<br>15<br>40<br>15<br>isturbed and her self-concept is<br>JKHSHARBEN<br>Total Score<br>15<br>40<br>15<br>40<br>15<br>y poor in emotional control and                                                                                                                                                                                                      | Patient Score   08   20   05   poor, which is shown this in   Patient Score   06   23   08   more dependent on others.                                                           |  |  |  |  |
| Female Patients:<br><b>Case study no.11: MAKVANA</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>JAYESRIBEN is emotionally d<br>table.<br><b>Case study no.12: SHEKH RU</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>*Here in this table patient is ver<br><b>Case study no.13: RATHVA S</b>                                                                                                                                                                                       | A JAYESRIBEN<br>Total Score<br>15<br>40<br>15<br>isturbed and her self-concept is<br>JKHSHARBEN<br>Total Score<br>15<br>40<br>15<br>y poor in emotional control and<br>SUKHIBEN                                                                                                                                                                                                      | Patient Score   08   20   05   poor, which is shown this in   Patient Score   06   23   08   more dependent on others.                                                           |  |  |  |  |
| Female Patients:<br><b>Case study no.11: MAKVANA</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>JAYESRIBEN is emotionally d<br>table.<br><b>Case study no.12: SHEKH RU</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>*Here in this table patient is vert<br><b>Case study no.13: RATHVA S</b><br><b>Traits</b>                                                                                                                                                                     | A JAYESRIBEN<br>Total Score<br>15<br>40<br>15<br>isturbed and her self-concept is<br>JKHSHARBEN<br>Total Score<br>15<br>40<br>15<br>y poor in emotional control and<br>SUKHIBEN<br>Total Score                                                                                                                                                                                       | Patient Score   08   20   05   poor, which is shown this in   Patient Score   06   23   08   more dependent on others.                                                           |  |  |  |  |
| Female Patients:<br><b>Case study no.11: MAKVANA</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>JAYESRIBEN is emotionally d<br>table.<br><b>Case study no.12: SHEKH RU</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>*Here in this table patient is ver<br><b>Case study no.13: RATHVA S</b><br><b>Traits</b><br>Emotional Stability                                                                                                                                               | A JAYESRIBEN<br>Total Score<br>15<br>40<br>15<br>isturbed and her self-concept is<br>JKHSHARBEN<br>Total Score<br>15<br>40<br>15<br>y poor in emotional control and<br>SUKHIBEN<br>Total Score<br>15                                                                                                                                                                                 | Patient Score   08   20   05   poor, which is shown this in   Patient Score   06   23   08   more dependent on others.                                                           |  |  |  |  |
| Female Patients:<br><b>Case study no.11: MAKVANA</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>JAYESRIBEN is emotionally d<br>table.<br><b>Case study no.12: SHEKH RU</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>*Here in this table patient is ver<br><b>Case study no.13: RATHVA S</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment                                                                                                                                 | A JAYESRIBEN   Total Score   15   40   15   isturbed and her self-concept is   JKHSHARBEN   Total Score   15   40   15   y poor in emotional control and source   SUKHIBEN   Total Score   15   40   15   40   15   40   15   40   15   40   15   40                                                                                                                                 | Patient Score082005poor, which is shown this inPatient Score062308more dependent on others.Patient Score0720                                                                     |  |  |  |  |
| Female Patients:<br><b>Case study no.11: MAKVANA</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>JAYESRIBEN is emotionally d<br>table.<br><b>Case study no.12: SHEKH RU</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>*Here in this table patient is ver<br><b>Case study no.13: RATHVA S</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept                                                                                                                 | A JAYESRIBEN<br>Total Score<br>15<br>40<br>15<br>isturbed and her self-concept is<br>JKHSHARBEN<br>Total Score<br>15<br>40<br>15<br>y poor in emotional control and<br>SUKHIBEN<br>Total Score<br>15<br>40<br>15                                                                                                                                                                     | Patient Score082005poor, which is shown this inPatient Score062308more dependent on others.Patient Score072012                                                                   |  |  |  |  |
| Female Patients:<br><b>Case study no.11: MAKVANA</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>JAYESRIBEN is emotionally d<br>table.<br><b>Case study no.12: SHEKH RU</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>*Here in this table patient is vert<br><b>Case study no.13: RATHVA S</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>*SUK HIBEN's score is different                                                                             | A JAYESRIBEN   Total Score   15   40   15   isturbed and her self-concept is   JKHSHARBEN   Total Score   15   40   15   40   15   40   15   40   15   Y poor in emotional control and SUKHIBEN   Total Score   15   40   15   40   15   40   15   40   15   40   15   40   15   40   15   40   15   40   15   40   15   at than others, even though she                             | Patient Score   08   20   05   poor, which is shown this in   Patient Score   06   23   08   more dependent on others.   Patient Score   07   20   12   is emotionally disrobed  |  |  |  |  |
| Female Patients:<br><b>Case study no.11: MAKVANA</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>JAYESRIBEN is emotionally d<br>table.<br><b>Case study no.12: SHEKH RU</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>*Here in this table patient is ver<br><b>Case study no.13: RATHVA S</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>*SUKHIBEN's score is different<br><b>Case study no.14: THAKOR</b>                                            | A JAYESRIBEN   Total Score   15   40   15   isturbed and her self-concept is   JKHSHARBEN   Total Score   15   40   15   y poor in emotional control and SUKHIBEN   Total Score   15   y poor in emotional control and SUKHIBEN   Total Score   15   40   15   40   15   40   15   40   15   40   15   40   15   40   15   MIBEN                                                     | Patient Score082005poor, which is shown this inPatient Score062308more dependent on others.Patient Score072012is emotionally disrobed.                                           |  |  |  |  |
| Female Patients:<br><b>Case study no.11: MAKVANA</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>JAYESRIBEN is emotionally d<br>table.<br><b>Case study no.12: SHEKH RU</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>*Here in this table patient is ver<br><b>Case study no.13: RATHVA S</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>*SUKHIBEN's score is different<br><b>Case study no.14: THAKOR A</b><br><b>Traits</b>                         | A JAYESRIBEN<br>Total Score<br>15<br>40<br>15<br>isturbed and her self-concept is<br>JKHSHARBEN<br>Total Score<br>15<br>40<br>15<br>y poor in emotional control and<br>SUKHIBEN<br>Total Score<br>15<br>40<br>15<br>than others, even though she<br>AMIBEN<br>Total Score                                                                                                            | Patient Score   08   20   05   poor, which is shown this in   Patient Score   06   23   08   more dependent on others.   Patient Score   07   20   12   is emotionally disrobed. |  |  |  |  |
| Female Patients:<br><b>Case study no.11: MAKVANA</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>JAYESRIBEN is emotionally d<br>table.<br><b>Case study no.12: SHEKH RU</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>*Here in this table patient is vert<br><b>Case study no.13: RATHVA S</b><br><b>Traits</b><br>Emotional Stability<br>Adjustment<br>Self-Concept<br>*SUKHIBEN's score is different<br><b>Case study no.14: THAKOR A</b><br><b>Traits</b><br>Emotional Stability | A JAYESRIBEN   Total Score   15   40   15   isturbed and her self-concept is   JKHSHARBEN   Total Score   15   40   15   y poor in emotional control and SUKHIBEN   Total Score   15   40   15   y poor in emotional control and SUKHIBEN   Total Score   15   40   15   40   15   40   15   40   15   40   15   40   15   15   15   15   15   15   15   15   15   15   15   15   15 | Patient Score082005poor, which is shown this inPatient Score062308I more dependent on others.Patient Score072012is emotionally disrobed.Patient Score07                          |  |  |  |  |

| Adjustment                                                        | 40                                | 19             |  |  |  |
|-------------------------------------------------------------------|-----------------------------------|----------------|--|--|--|
| Self-Concept                                                      | 15                                | 06             |  |  |  |
| *Table indicants that AMIBEN                                      | is also suffering from bad ment   | tal health.    |  |  |  |
| Case study no.15: PATELIA RAMILABEN                               |                                   |                |  |  |  |
| Traits                                                            | Total Score                       | Patient Score  |  |  |  |
| Emotional Stability                                               | 15                                | 07             |  |  |  |
| Adjustment                                                        | 40                                | 23             |  |  |  |
| Self-Concept                                                      | 15                                | 09             |  |  |  |
| *RAMILABEN's emotion and                                          | self-concept are very poor.       |                |  |  |  |
| Case study no.16: MAKVANA                                         | A INDUBEN                         |                |  |  |  |
| Traits                                                            | Total Score                       | Patient Score  |  |  |  |
| Emotional Stability                                               | 15                                | 05             |  |  |  |
| Adjustment                                                        | 40                                | 18             |  |  |  |
| Self-Concept                                                      | 15                                | 07             |  |  |  |
| *Patient INDUBEN is also dist                                     | urbed like other patients.        |                |  |  |  |
| Case study no.17: TOPIWAL                                         | A REHAMATBEN                      |                |  |  |  |
| Traits                                                            | Total Score                       | Patient Score  |  |  |  |
| Emotional Stability                                               | 15                                | 07             |  |  |  |
| Adjustment                                                        | 40                                | 19             |  |  |  |
| Self-Concept                                                      | 15                                | 05             |  |  |  |
| *Patient REHAMATBEN is mo                                         | ore dependent on others.          |                |  |  |  |
| Case study no.18: RATHOR                                          | RAZANBEN                          |                |  |  |  |
| Traits                                                            | Total Score                       | Patient Score  |  |  |  |
| Emotional Stability                                               | 15                                | 07             |  |  |  |
| Adjustment                                                        | 40                                | 21             |  |  |  |
| Self-Concept                                                      | 15                                | 09             |  |  |  |
| *RAZANBEN is suffering from                                       | n emotional disturbance and dep   | bendency.      |  |  |  |
| Case study no.19: BHIL KAI                                        | LASHBEN                           |                |  |  |  |
| Traits                                                            | Total Score                       | Patient Score  |  |  |  |
| Emotional Stability                                               | 15                                | 06             |  |  |  |
| Adjustment                                                        | 40                                | 27             |  |  |  |
| Self-Concept                                                      | 15                                | 06             |  |  |  |
| *This table indicates clearly that                                | t patient is mal adjusted with he | er life style. |  |  |  |
| Case study no.20: BHIL MAN                                        | JULABEN                           |                |  |  |  |
| Traits                                                            | Total Score                       | Patient Score  |  |  |  |
| Emotional Stability                                               | 15                                | 09             |  |  |  |
| Adjustment                                                        | 40                                | 17             |  |  |  |
| Self-Concept                                                      | 15                                | 08             |  |  |  |
| *Here is also the same result, which is indicated in other table. |                                   |                |  |  |  |

# TABLE OF GENDER DIFFERENCE

Table no.1: Total score of Male and Female AIDS patients. (t value).

| Group  | Mean  | SD   | SEM  | Τ    | Standard of<br>difference |
|--------|-------|------|------|------|---------------------------|
| Male   | 36.40 | 2.76 | 0.87 | 0.83 | 1.18                      |
| Female | 34.90 | 5.04 | 1.59 | N.S  |                           |



This table indicts that there is no significant difference in mental health of males and females.

Table no.2: Difference of Emotional stability in male and female.

| Group  | mean | SD   | SEM  | Т    | Standard of difference |
|--------|------|------|------|------|------------------------|
| Male   | 7.00 | 1.76 | 0.56 | 0.16 | 0.657                  |
| Female | 6.90 | 1.10 | 1.35 | N.S  |                        |



There is no much difference in emotional stability of males and females.

| Group  | mean  | SD   | SEM  | Т    | Standard of difference |
|--------|-------|------|------|------|------------------------|
| Male   | 21.60 | 3.13 | 0.99 | 0.66 | 1.360                  |
| Female | 20.70 | 2.95 | 0.93 | N.S  |                        |

*Table no.3: difference of Adjustment in males and females.* 



This table of adjustment proves that male and females are equal.

| Tuble norm Dijjerenee of Self concept in mane and jemaner |      |      |      |      |             |  |  |
|-----------------------------------------------------------|------|------|------|------|-------------|--|--|
| Group                                                     | mean | SD   | SEM  | Т    | Standard of |  |  |
|                                                           |      |      |      |      | difference  |  |  |
| Male                                                      | 8.50 | 1.35 | 0.43 | 2.90 | 0.552       |  |  |
| Female                                                    | 6.90 | 1.10 | 0.35 | N.S  |             |  |  |

*Table no.4: Difference of Self-concept in male and female.* 



There is no difference in Self-concept of male and female.

# SIGNIFICANCE OF RESEARCH

This study of AIDS patients has proved that all the patients are emotionally disturbed and their self-concept is very weak. Their daily life adjustment is normal. All the patients are under the treatment and they take tablet of ART. At present when this study was done they will live more than two to five years.

Final conclusion of this research is that the all patients' mental health is disturbed due to illness. They are more dependent on others. So they always require help, sympathy, love and care. I request the whole society to behave in good manner with all ADIS patients.

At last if we take care properly and consciously, than we will remove this decease from whole world.

| *HIV related infections most frequently encountered in India |                                   |                                       |                   |                                |  |
|--------------------------------------------------------------|-----------------------------------|---------------------------------------|-------------------|--------------------------------|--|
| Bacterial                                                    | Viral                             | Fungal                                | Parasitic         | Other<br>illnesses             |  |
| Tuberculosis                                                 | Herpes simplex virus infection    | Candidacies                           | Cryptosporidiosis | AIDS<br>dementia<br>complex    |  |
| Bacterial<br>respiratory<br>infections                       | Oral hairy<br>leukoplakia         | Cryptosporidiosis                     | Microsporidiosis  | Invasive<br>cervical<br>cancer |  |
|                                                              | Varicella zoster<br>virus disease | Pneumocystis<br>jiroveci<br>pneumonia | Isosporiasis      | Non-hodgkin<br>lymphoma        |  |

| Salmonella infection                | Cytomegalovirus<br>disease                | Penicilliosis                                 | Giardiasisww<br>stongyloides |          |
|-------------------------------------|-------------------------------------------|-----------------------------------------------|------------------------------|----------|
|                                     | Human papilloma virus infection           |                                               | Toxoplasmosis                |          |
| *Rare infections<br>mycobacterioses | include those due to<br>and human herpesv | Bartonella henselae,<br>irus (HHS)-8 infectio | , Rhodococcus equii,<br>ns.  | atypical |





### 2012 UN REPORT (INDIA):

New HIV cases among adults have declined by half in India since 2000, according to a new UN report which praised India's contribution to AIDS response through manufacture of generic antiretroviral drugs.

Though rate of HIV transmission in Asia is slowing down, at least 1,000 new infections among adults continue to be reported in the continent every day in 2011. An estimated 360,000 adults were newly infected with HIV in Asia in 2011, considerably fewer than 440,000 estimated for 2001, a new UNAIDS report has said. "This reflects slowing HIV incidence in the larger epidemics, with seven countries accounting for more than 90 per cent of people (in Asia) living with HIV – China, India, Indonesia, Malaysia, Myanmar, Thailand and Vietnam," the report 'Together We Will End AIDS' said.

The UNAIDS lauded India for doing "particularly well" in halving the number of adults newly infected between 2000 and 2009 and said some smaller countries in Asia like Afghanistan and Philippines are experiencing increases in the number of people acquiring HIV infection. It said a total 1.7 million people had died across the world due to AIDS related illness. In India, the figure for such deaths stood at 170,000 in 2009. The report says India has contributed enormously to the AIDS response.

"With 80 per cent of these drugs being generics purchased in India, several billion dollars have been saved over the past five years. The country is also committed to new forms of partnership with low-income countries through innovative support mechanisms and South? South cooperation," the UNAIDS report says. It also points out that India already provides substantial support to neighboring countries and other Asian countries – in 2011, it allocated USD 430 million to 68 projects in Bhutan across key socio-economic sectors, including health, education and capacity-building. In 2011 at Addis Ababa, the Government of India further committed to accelerating technology transfer between its pharmaceutical sector and African manufacturers.

"We want AIDS free Generation..."

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# **Conflict of Interest**

The author(s) declared no conflict of interest.

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