

Mann Psychology; Study of an Invisible Mind

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ABSTRACT

Research will reveal “Undiscovered invisible Mind” called “MANN” rooted from Hindu culture and scriptures. Research will explain the process of responding to particular stimulus, process of memory encoding, behavior formation and states of IPs(consider as subpersonalities); all the processes take place in Mann. It will modify the concept of Id, ego and Superego of Sigmund Freud. It will clarify, modify and take forward the concept of Subpersonalities of Psychologist John Rowan. Research will discuss some mathematical equations or mechanism of behavior formation and try to answer that “why, how and when any behavior takes place”. Research will pave a new perception in field of Anxiety, Dissociative personality disorder, Criminal thinking and other psychological problems. As it is a new school of psychology and consist wide area of study so we just discuss some basic concept as introduction.

Keywords: Mann, IPS, Subpersonality, Mathematical Equation Of Behavior

Before introducing the concept let’s take a look on some news headings that we often see in newspaper.

“A husband who loved her wife so much, killed his wife and make small pieces of her body”

“A shy boy who never talked to girls, raped a girl”

“A coward boy killed 2 terrorists and saved the life of his family”

Did you notice something awkward? That a husband who loved her wife so much but how could he kill her own wife loving wife. A boy who never talked to girls but why and how could he rap a girl. Most interesting, A coward boy who might never beat any fellow but how did he get enough courage to kill terrorist to his family. Was there any identity inside them who did all these unusual behavior as these people could not do these action in a normal state. These examples can be seen in our life and around us but question is that “what is inside us that sometime make us exactly opposite of our Nature or personality”. Why a rapist or murderer still does a crime while he or she knows very well what is wrong and right and this

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act can cause his or her punishment. Why people sometime know that particular act is socially or morally wrong but they still do this.

Every behavior done by a person is the result of activities happening inside our MANN. Brain or mind has physical structure which controls the body activities using body fluids and signals but all the directions are given by MANN. We can consider Mann as software part of a computer and brain or mind as hardware part. As just like software Mann does not have any physical existence but it regulates, controls and directs brain activities as well as our behavior.

Mann consist of Many IPs(consider as subpersonality or identity in us) which lie in IP Packs. IP Pack comprises memories, desires, and reflexives(set of responses to particular stimulus). There are many IPs inside Mann like LUST IP ,FEED IP, Moh IP, Ego IP and HOMOSTATE IP etc. These all IPs posses thousands of reflexives .A mathematical equation or a mechanism decides the behavior of a person in a particular situation using these reflexives if different IPs in a proportion. We will discuss everything further in detail.

Different IPs make our behavior different in different situations as if we are a unique identity i.e. we are obedient, shy and peace lover at school but rebellious, violent and aggressive at home and with friends we are cool, fun loving and jolly. Our thinking, interests, attitudes and decisions are different at different situation and places .Actually we all possess subpersonalities called roop guided by IPs. We love and care our love ones but in anger we attack, abuse and hurt them and when we go down normal then we feel regret and guilt. Where , when and how to become extreme angry or which composition of IPs(subperonality or roops) is to bring out is decided by Mann.

REVIEW OF LITERATURE

Mann is a Hindi word is common in use in INDIA and Hindu culture. English translation of Mann is Mind or brain which is wrong. Its Hindi to Hindi translation is heart which is also wrong but in Hindu culture and scriptures Mann is defined as invisible mind which is composition of heart and brain and a core part of human personality which directs our behavior towards fulfilling desires. This means in Hindu culture the knowledge of Mann and its function was exist in ancient period and concerned book must be there thousand years ago but is not available now. Here is picture of Hindu God



Figure 1.1 Goddess nav durga

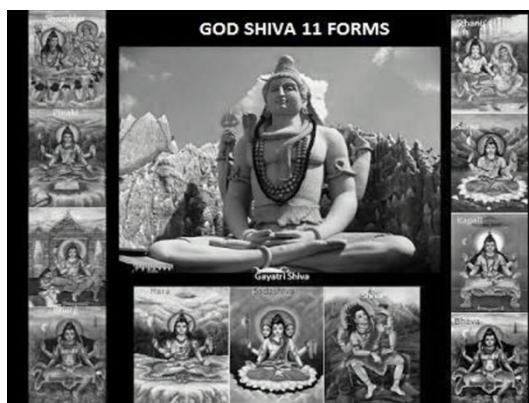


Figure 1.2 Lord shiva

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shiva who possess 11 IPs and different IPs bring out for different purpose i.e. when God Shiva needs to kill Devils then Anger IP called ‘‘shiva Rudra form’ brings out and God Shiva needs to handle his devotees then a loving IP called ‘‘bholabhandari’’ brings out. Explanation of God shiva’s different personalities or forms in Hindu scriptures, actually depicts the knowledge of Mann Psychology Somehow. Not only God Shiva but also Goddess NAV DURGA also possess 9 IPs or Forms.

MANN

Mann is the invisible mind which posses memories, set of behaviors and desires. It is composed of Mann pot, Ips packs, RCIP(Reflexives), interconnections, Output pannel, Input pannel ;on three levels conscious, subconscious and unconscious mind. Mann runs various mechanisms i.e. conducting various

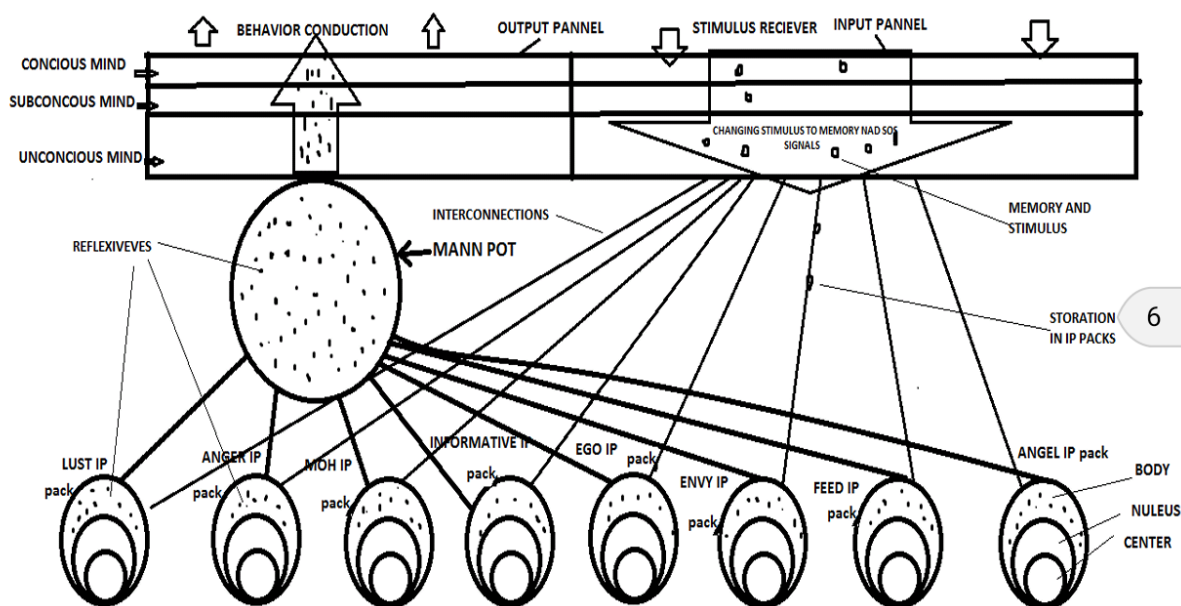


Figure 1.3 Model or Structure of Mann

responses to particular situation, Memory storing, desire fulfillment, adaptation and making Roops etc. Here is the model of mann which will clear the structure and process of Mann.

IPs PACK:

IPs Packs are home of different IPs like LUST IPs Pack, ANGEL IP, ANGER IP. IPs pack has a cell like structure. It posses CENTER,NUCLEUS and BODY. Center contains all desires related to particular IPs i.e. desire to eat pizza seen in TV , will be stored in FEED IP center while desire to have sex with a girl or boy, will be stored in LUST IP center. Unlike Freud ‘id’ where all desires stored in ‘id’ , the different types of desire is stored in different IPs pack’s center. Center not only stores desires but it also saves events pattern related to IP i.e.” A boy eats coffee everyday in evening” this pattern of event will be saved in FEED IP center but if pattern of drinking coffee would be broken continuously then IP center would become imbalanced and Boy would feel anxious until he balance the pattern of drinking coffee in evening. We will discuss the imbalance of center and mechanism to balance it in

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detail further. Nucleus stores all memories related to particular IP. A same memory can be stored in various IPs i.e. A husband loves food cooked by his WIFE, He usually has sex with his WIFE and he loves and care her wife also; here Husband's WIFE is associated with food, sex and love then memories of his WIFE will be stored in LUST IP, FEED IP as well as in Moh(extra love) IP pack's nucleuses. Body of IPs pack stores genetic, learned and adaptive reflexives. Reflexives are Responses to particular stimulus i.e. when we see any temple or church or mosque the we tend to joint our hands and close our eyes; here temple or church or mosque is a stimulus and joining of hand and closing of eyes are reflexives. A IPs Pack BODY stores different reflexives for different stimulus i.e. in above example A husband sees her wife then different IPs Pack body has different reflexives such as LUST IP reflexive will be to kiss and hug her wife when see her, FEED IP reflexive will be to say her to cook when see her and Moh IP reflexive will be to care and ask about her health when see her. But which reflexive or response will be given by husband is decided by a mechanism that will be discussed further.

IP (Mann's Internal Personality):

IPs are unique identity which is made up of reflexives, memories and desires. IPs dwell in IPs packs and have a motive or purpose. All people have "basic IPs and Individual IPs". Basic IPs are common to all people like LUST IP, Moh IP, FEED IP, INFORMATIVE IP, ANGER IP, ENVY IP, EGO IP, HOMOSTATE IP etc. Individual IPs vary person to person, it may active In one person and inactive in another person. All special inborn skills and hobby painting, dancing and singing dwell in individual IPs.

WHY IPS EXIST IN US

Can you expect heart for respiration or kidneys for pumping blood, NO, because these are different organs designed to do different works. Similarly Various IPs exist to deal with different situations as only one personality cannot deal to all situations i.e. if we are with our love ones then our Moh IP will be active but when we feel unsafe and be attacked then Moh IP does not have reflexives to deal with attacking situation then our ANGER IP will be active to deal with problem. It is just like a company or industry where different employs have different works. IPs may exist from evolution of human as FEED IP evolve when human start searching for food, LUST IP evolve when reproduce need in nature and as well as human evolve in social context then IPs of Moh, EGO, ENVY start evolving.

SOME BASIC IPs

LUST IP : It is the IP of sex which directs our behavior towards reproduction. This IP allows body to secret some sex harmoes and changing body activity to be prepare for sex. When person in LUST IP State the his or her voice , attitude, interest, way of talking and behavior changed as if person is another personality. It stores desires and work for fulfillment of desires. It has set of reflexives like to hug, kiss, body play and other sex actions.

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Moh IP: It is the IP of love and affection which ensure that person keeps get love, care, affection and attention as these are the one of basic needs of a person(Maslow). It stores reflexives to care, praise love one, hug, kiss, and action showing affection and love.

FEED IP: It ensure that body gets proper food and liquids(water) with maximum satisfactory taste in proper quantity. It stores reflexives like to suck, swallow, drink, eat, search for food etc.

HOMOSTATE IP: It ensures that body get proper heat, coolness, comfort and convenience. This Ip is responsible to make a person Lazy also.

EGO IP: It is very strong in some people. It protects a self respect or esteem of a person. It become much evil when it starts expecting so much respect from others.

INFORMATIVE IP: It is wise one in Mann. All knowledgeable and educational information, professional skills, alertness and wisdom are saved here. It is trained to do work wisely and make a person sensible, logical and alter to prevent from being cheated.

ANGEL IP: It is a moral IP same as Freud 'superego'. It stores all stereotypes , themes and attitude related to MORAL and SOCIAL goodness. It has reflexives like to be kind, donate, help, contribute, share, cooperate and be sympathetic.

JOLLY IP: It is fun loving enjoying and recreational IP of our mann which ensure that person remains fresh, active and happy.

ANGER IP: It is a violent bodyguard of person it protects person from attacking situation. But sometime it perceive many situation as attacking situation and creates problems in day to day life.

ADVOCATE IP: It is the advocate of Mann whenever somebody tries to prove a person wrong then this IP become active and Tries to prove the person write.

There are dozens of basic and individual IPs that are need to be studied and discovered.

Strength of IPs: Genetically and environmentally some IPs are powerful in some people which easily become active with minimum stimulus in environment i.e. If ANGER IP is powerful in a person then he or she will tend to become much angry easily.

RCIP (Reflexives set Combined as IP Power)

RCIP of an IP is its power which contains hundreds of reflexives. Every IP release their own RCIPs in MANN POT according to stimulus in environment. IP holds maximum RCIP in MANN POT , become dominating and most of the reflexives will be selected from its RCIP as behavior to deliver.

MANN POT

It is the Pot like structure where all IPs send its RCIPs. Reflexives from different RCIPs are selected as response to particular situation. Consider MANN POT as jelly bean jar and RCIPs as different color of jelly beans. Maximum jelly bean (RCIP) of same color will lead the behavior using reflexives of RCIP.

INPUT PANNEL

It is the unique panel that takes stimulus from environment. It changes stimulus into memory and SOS and send them to different types if IPs PACK.

OUT PUT PANEEL

Here, all selected reflexives are integrated and organized in a pattern in conscious and subconscious level and send sent to conscious mind to conduct the behavior in normal situation.

INTERCONNECTIONS : WIRE like net of connetcors which connect Mann pot to various IP packs, Out put pannel to IPs and IPs packs to each other for communication.

BEHAVIOR CONDUCTION MECHANISM (BCM)

Selection and organization of reflexives and behavior conduction is done by a mechanism called BEHAVIOR CONDUCTION MECHANISM (BCM) . MANN has two types of BCM 1.NORMAL MODE and 2.Fully functioning mode

1.NORMAL MODE BCM: In this type of BCM, A ROOP or STATE or a RCIP equations are made by Mann in SCM that decide which combination of different reflexives will be selected as behavior.

ROOP and RCIP equations

We behave differently in different situation like at school , at home, in public places because different ROOPs are active in different situation that lead our behavior. ROOPs are very fluctuating in nature. A person may fluctuate more than 10 ROOPs everyday according to outer stimulus, situation and IPs desires and imbalanced center. Not only situation and IP but also A person's existence can fluctuate a ROOP i.e. when a see a schoolmate at home then my ROOP will become changed.

Equation of ROOP

A roop exist in equation as follows

$$\frac{a(x + y + z +)}{CSP} + m = ROOP$$

X= 1st Much dominating IPs RCIP

Y = 2nd dominating IPs RCIP

Z= less dominating IPs RCIP

m = mixer of other IPs RCIP

a = Environmental favorability for foster the equation or roop

CSP = Conscious- Subconscious Power (consider as will power and conscious alertness)

Here, x means the high dominating IP in MANN POT which leads the roop with y which is 2nd dominating IP in Mann POT. z donates less dominating IP than x and y but little higher than other IPs left in MANN POT. The left mixer of various IPs RCIPs is called 'm'. When relevant stimulus of any IP in m , increase in environment or IPs scanned SOS(Sseeked out situation to fulfill desire) then IP in m becomes x or y and changes roop or equation. The RCIPs ratios of x , y , z and m are keep fluctuated hence fluctuation of these ratios also changes ROOP per second or minute or hour.

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Prediction of behavior using Equation

In ROOP 1 : Suppose a husband is with his WIFE in a ROOP of following equation

$X = \text{MOH IP}$ $Y = \text{LUST IP}$ $Z = \text{INFORMATIVE IP}$

a = Husband is alone with his wife

Behavior of husband: He may care and shows love through making tea for her or sing for her as MOH IP is X. He may hug and kiss her as y is LUST IP . Husband may feel love and lust as both IPs are dominating . He will do actions and work wisely as z is informative IP.

In ROOP 2: Suppose now some Husband's office colleagues come to his home for dinner then equation and ROOP of the husband will be changed as follows

$X = \text{INFORMATIVE IP}$ $Y = \text{EGO IP}$ $Z = \text{MOH IP}$

Behavior of Husband: Now Husband will give instruction to his WIFE and start behave professionally as x is INFORMATIVE IP. He will tend to show off about her wife and home as y is EGO IP. But still he will care her wife as MOH IP is z.

STRENGTH OF variables in a equation

In any common Roop , x posses 33 % - 40% , y posses 30% - 36 % and z posses 10% - 20% Fluctuation state: In the state when roop is going to change, and two variable become equal.

EXPERIMENT ON STRENGTH VARIABLES IN ROOP EQUATION

Material :

A Questionnaire containing 48 sentences which donate reflexives of different IP. Sentences (reflexives) are presented in 2 sheets . Each sheet contains 24 sentences in 3 column and each column contain 8 sentences. Out of 8 sentence in each column, 2 sentence donate Angel IP reflexives, 2 sentences of Informative IP , 2 Sentences of MOH IP reflexives and left 2 sentences of mixer of various IP like ANGER and EGO IPs. Some pictures of tasty food, poor children, educational environment as Stimulus to activate ANGLE,INFORMATIVE and FEED IPs.

Participants:

Total 10 Participants participated in 2 groups, each group contains 5 participants of age group of 12 to 29 years old.

Experiment conduction:

1st Group and 2nd Group separately were asked to relax then pay attention on 4 videos then Some pictures were shown to them. These stimulus activated three IPs(INFORMATIVE IP, ANGEL IP and FEED IP) in Participants. 2 videos of pizza and ice cream ads less than 1 minute and food pictures activated FEED IP, One video more then 2 minutes related to poor hungry children evokes ANGEL IP .One video more than 1.5 minutes of Motivational story of a officer activated INFORMATIVE IP. Now a roop is created in participants of variables(x , y , z) of ANGEL, INFORMATIVE and FEED IP.

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Now 2 sheets of 48 question were given to participants of each group then they are asked to tick 5 sentence out of 8 sentences in each column and 30 out of 48 in total. Actually Sentences ticked by participants were reflexives chosen by their IPs.

Figure 1.4 Sample of Questionnaire

SHEET – 1		
Name..... age.....		Gender
Donate to poor A	Drink juice F	Take Iodine salt I
Stand first in test I	Do good things A	Make happy others A
Put butter on bread F	Become wise I	Throw a ball O
Call him or her O	Blow balloon O	Eating cake F
Forgive him or her A	Tasting chocolate F	Take Vitamins-proteins I
Answer intelligently I	Talk humbly A	Respect all A
Eating MOMO F	Think about future I	Sing a song O
Bring a chair O	Scold badly O	Eating apple F

Here in sample sheet A(ANGEL IP), I (INFORMATIVE IP), F (FEED IPs)and O(others IPs mixer) signs are written to understand about reflexives of different IPs. Sentences ticked by Participants are considered as reflexives chosen by their MANN .Total reflexives of a I A F O were counted of each participant. Data collected are as follow in table

Table 1.1 IP reflexives chosen by participants

Participants	I Reflexives	A Reflexives	F Reflexives	O Reflexives	Total Reflexives	High Dominated IP
GROUP 1						
Anju	09	12	05	04	30	A
Rishabh	09	09	05	07	30	AI
Sunny	10	12	03	05	30	A
Deepanshi	12	12	02	04	30	AI
Rajni	11	12	04	03	30	A
TOTAL	51	57	19	23	150	
GROUP 2						
Manish	06	08	10	06	30	F
Bhawna	10	11	02	07	30	A

Chetan	09	12	05	04	30	I
Monika	09	08	05	08	30	I
Sonu	11	11	04	04	30	I
TOTAL	45	50	26	29	150	
GRAND TOTAL	96	107	45	52	300	

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Total MEAN of A I F IPs (x ,y,z) = 10+11+4 = 25 Mean of total of OthER MIXER IPs = 5 Total mean = 30

Total percent of RCIPs secured by A I F IPs (x ,y,z)= $\frac{25 \times 100}{30} = 83.33 = \text{approx. } 80\%$

Total percent of RCIPs secured by Other mixer IPs = $\frac{5 \times 100}{30} = 16.66 = \text{approx. } 20\%$

In above experiment most of participant make a ROOP equation where x was informative IP, y was Angel IP and z was Feed IP.

Proved hypothesis

1. One IP (X) is much dominating second IP (Y) is equal or less dominating than first IP (X).
2. 80% RCIPs were secured by three dominating IPs (x,y,z) and left 20% RCIPs secured by mixer of other IPs (m)
3. x and y are high dominating in equation and little difference is between them while z is less dominating and has very much difference than x and y.

HOW PARTICULAR BEHAVIOR FORMED OR DECIDED; REFLEXIVE CONDUCTION AND JOINT COOPERATION TO BECOME BEHAVIOR

The SI unit of POWER of reflexive is 'thapa'. Each reflexive need 6 thapa power to become a behavior, 5 thapa is given by IP and 1 is given by conscious-subconscious mind as behavior is conducted by subconscious and subconscious mind.

In a Roop equation x ,y and z RCIPs have 3,2 and 1 thapa power correspondingly. As we know reflexives need 5 thapa power to make a behavior. Hence x makes a joint cooperation with y to conduct a behavior. Example. X is ANGER IP with 3 thapa reflexive power and y is Ego IP having 2 thapa reflexive power. X IS FIRST dominating so when person see a wife who is insulting him and Anger IP has many reflexive to deal this situation but it is unable to conduct behavior as it has only 3 thapa power . Now anger IP (X) will ask to ego IP to show various reflexives and joint cooperate for this situation then reflexive match by both IPs will become the action i.e. Anger IP reflexive for insulting situation (With 3 thapa power): 1. ATTACK, 2.BREAKING THINGS, 3.NO TALKING ANYBODY, 4.LEAVING CRRENT PLACE , 5 CRYING EGO IP reflexive for insulting situation (With 2 thapa power): 1. CONVINCING 2. SCOLDING 3. ATTACKING, 4. SHOW OFF **Joint cooperation:** reflexive no. 1 in ANGER IP RCIP and no.3 in EGO IP RCIP are Same as ATTACKING then both IP cooperate with Attack behavior and jointly make 5 thapa power for attack behavior hence husband will attack to her wife. But suppose informative IP is y in this same situation then reflexives for insulting situation in informative IP are to 1.convincing,2. ignoring,3. leaving place,4. sharing facts. Now anger IPs reflexive no. 4 and Informative IPs reflexive no.3 (leaving place) are same then behavior will be leaving place.This is the reason that why we all behave differently in same situation.

CONCLUSION

People have THE INVISIBLE MIND called MANN that conduct our behavior. Mann consist of IPs ,input and output pannel , Mann pot containing reflexives of different IPs. IPs have thousands of reflexives, memory and desires. Our behavior is guided by ROOP or equation in Mann. There are two behavior conduction mechanism (BCM):NORMAL MODE and IPs fully functioning process. There are lots of concept about Mann. Other concepts and IPs fully functioning process will soon be published

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