

Emotional Maturity among Girls and Boys Post Graduate Students

Tarlika L Zalawadia^{1*}

ABSTRACT

The current study is an endeavour to post graduate students in Emotional Maturity. Total 200 students were selected in Rajkot city. Emotional maturity test developed by Dr. Mahesh Bhargav was used for analyze of the data. And result is Significant difference between emotional maturity among boys and girls student and significant different between emotional maturity among rural and urban post graduate student.

Keywords: *Emotional Maturity, Students*

According to C. Paris (2014) Emotional maturity is a quality worth working towards if you aren't already there. What "getting there" means can be different for everyone, since we can't just change our personalities overnight. Plus, it's a tough trait to upkeep, especially since it isn't just one singular trait, but a collection of characteristics that all support and inform each other. And even if you reach a satisfying level of emotional maturity, one that you can feel comfortable in, it still takes a continuous effort to maintain. So what are the traits that make up emotional maturity, and how can you work towards them for the betterment of yourself? We'll find out in this guide.

M Kumar, R Mishra (2016) investigated that positive correlation between emotional maturity and academic achievement among Adolescence students. Thus, emotional maturity plays important role in the academic achievement of students. Vyas T, & Gunthey R (2017) found that no significant difference between male and female adolescents on self confidence but there is significant difference between urban and rural adolescents on level of self confidence. It was also they noticed that male and female adolescents and urban and rural adolescents both have significant difference in academic achievement. For this study they had consisted of 200 students (100 male and 100 female) as a sample from Jodhpur district of Rajasthan. Self-confidence inventory (ASCI) developed by Dr. Rekha Gupta, Emotional Maturity Scale developed by Dr Yashvir Singh and Dr Mahesh Bharagava and achievement scores of the students taken from their Xth class annual results were used in the study.

¹Associate Professor, Smt. R. R. Patel Mahila Arts & Commerce College, Rajkot, Gujarat, India

[*Responding Author](#)

Received: August 04, 2017; Revision Received: October 09, 2017; Accepted: November 23, 2017

Emotional Maturity among Girls and Boys Post Graduate Students

Nivetha, K Krishnamoorthy (2016), find out that the Students in low maturity level leads to getting upset easily, having low frustration level, extremely jealousy, unwillingness to forgive and unpredictable fluctuation of moods. So, students in low maturity level can be given psychological counseling or some activities that can help to increase the emotional maturity level are be honest with our self, do things for others and expand our social circle. Individuals differ in their emotional maturity level. In, 2017, Firdos S, Amanullah M highly significant difference in all dimensions of emotional maturity except only one social maladjustment found in their study. For their study, 90 Dalit women were selected from Gurgaon, Faridabad and New Delhi.

Objectives

1. To get information regarding emotional maturity among girls and boys post graduate student.
2. To get information regarding emotional maturity among rural and urban post graduate student.

Hypotheses

Ho₁ There is no significant difference between emotional maturity among girls and boys post graduate student.

Ho₂ There is no significant difference between emotional maturity among rural and urban post graduate student.

Variables:

Independence Variable

A = Gender A₁ = Boys A₂ = Girls

B = Area B₁ = Rural B₂ = Urban

Dependent Variable : Emotional Maturity

Sampling:

2x2x3 factorial design was used for this study. The sample of the present study consist 200 post graduate students in which 100 boys and 100 girls students from different faculties and residential areas. Sample was randomly selected from different colleges in Rajkot city.

Tools :

Emotional Maturity Scale was used for data collection. Emotional maturity scale was standardizing by Dr. Mahesh Bhargave reliability.

Statistical Analysis :

't' test was used for this research.

RESULT AND INTERPRETATION

Table-1 shows S.D. Mean, Mean Different, 't' value, significant level of emotional maturity of boys and girls post graduate student

Gender	N	Mean	SD	t-value	Sign. Level
Boys	300	132.84	24.07	1.96	0.05
Girls	300	136.58	22.52		

Here, significant difference between emotional maturity among boys and girls student. For testing of hypothesis no. 1, 't' value can be seen 1.96 in above table. This value is which is significant at 0.05 level. Hence null hypothesis is rejected. Mean score can be seen of boys. Which is 132.84 and S.D. 24.07. This score compared with girls student mean score 136.58 and S.D. 22.52 and mean difference is 3.74. It means there is significant. Thus, girls emotional maturity is very strong compared to boys.

Table-2 Shows S.D., Mean, Mean Different, 't' value, significant level of emotional maturity of rural and urban post graduate student.

Area	N	Mean	SD	t-value	Sign. Level
Rural	300	132.21	22.16	2.62	0.01
Urban	300	137.2	24.28		

Hypothesis "There is no significant different between emotional maturity among rural and urban post graduate student" for 't' value can be seen 2.62 in table-2. This value is which is significant at 0.01 level. Hence null hypothesis is rejected. Mean score can be seen of rural post graduate students. Which is 132.21 S.D., 22.16. This score compare to urban post graduate student mean score 137.2, S.D. 24.28 and mean difference 4.99. It means there is significant, thus urban post graduate student emotional maturity is high compare to rural post graduate students.

CONCLUSION

For testing of hypothesis "There is no significance difference between emotional maturity among girls and boys post graduate student." We have used 't' test and got the result is 1.96 and it is significant at 0.05 level. As well as we can see at above table no. 1 that Boys obtained Mean score is 132.84 and Girls have 136.58 so, we clearly say that Girls are more strong in emotional maturity compared to boys.

Same as above, hypothesis no. 2, "There is no significance difference between emotional maturity among rural and urban post graduate students." t score is 2.62 and it is significant at 0.01 level. As per table no.2 we clearly say that Urban students are very effected in emotional maturity compare to Rural student. Because Rural students' Mean score is 132.21 and Urban students' have 137.2 mean score.

Emotional Maturity among Girls and Boys Post Graduate Students

Acknowledgments

The author appreciates all those who participated in the study and helped to facilitate the research process.

Conflict of Interests: The author declared no conflict of interests.

REFERENCE

- Amy G. Halberstalt (1988), *Family Socialization of Emotional Expression and Non Verbal Communication Styles and Skills*.
- Boss and Mukhopadhyay (1993), "An Attempt to trace the emotional maturity factor and impact on stress among male and female students."
- C. Paris (2014) *Emotional Maturity and the Characteristics You Need to Achieve It*. Retrieved <http://udemyblog.wpengine.com/emotional-maturity/>
- M Kumar, R Mishra (2016), Emotional Maturity and Academic Achievement among Adolescent Students: A Review of Studies, *International Journal of Indian Psychology*, Volume 3, Issue 4, No. 57, ISSN 2348-5396 (e), ISSN: 2349-3429 (p), DIP: 18.01.035/20160304, ISBN: 978-1-365-23993-9
- Mangal, S.K., (2012), "General Psychology", Sterling Publication Pvt Ltd., P.No. 73.
- Nivetha, K Krishnamoorthy (2016), Study of the Emotional Maturity Level in Students of Saveetha Dental College- A Questionnaire Based Study, *International Journal of Indian Psychology*, Volume 3, Issue 3, No. 11, DIP: 18.01.210/20160303, ISBN: 978-1-365-21307-6
- Vyas T, & Gunthey R (2017). Emotional Maturity, Self Confidence and Academic Achievement of Adolescents In Relation To Their Gender and Urban-Rural Background. *International Journal of Indian Psychology*, Vol. 4, (4), DIP:18.01.075/20170404, DOI:10.25215/0404.075

How to cite this article: Tarlika L Zalawadia (2017). Emotional Maturity among Girls and Boys Post Graduate Students. *International Journal of Indian Psychology*, Vol. 5, (1), DIP: 18.01.049/20170501, DOI: 10.25215/0501.049