

Relationship between Spiritual Intelligence and Life Satisfaction among Youth

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ABSTRACT

The aim of the present study was to find out the relationship between Spiritual Intelligence and Life Satisfaction among youth. For the present study 100 male and female selected from Dr. Babasaheb Ambedkar Marathwada University Aurangabad by purposive sampling method data were collected by using Spiritual Intelligence scale And Life Satisfaction scale. Result show that there is significant positive correlation between Spiritual Intelligence and Life Satisfaction.

Keywords: *Spiritual Intelligence, Life Satisfaction*

Spiritual intelligence consists of abilities that we can distinguish our other spiritual abilities and resources, and resolve existential and practical subjects. Spiritual intelligence assists with problem solving and the endorsement of an individual's capacity for decision making. Thus, spiritual intelligence is one of the abilities that distinguish humans from other creatures. Sisk describes spiritual intelligence as a deep self-awareness in which the individual becomes increasingly informed about the measurement of self not only as a body, but rather as a body, mind and soul. Feelings of well-being or life satisfaction are significant mental features that healthy persons should enjoy. Satisfaction with life is a dependable, inclusive concept which reflects the feeling and general viewpoint of a society towards the world in which they live. Seligman regards life satisfaction to be a mirror image of balance between an individual's desires and his/her present situation. In other words, no matter how much the gap between an individual's level of expectation and his/her objective is greater than before, there will be a Decrease in satisfaction. Life satisfaction is an overall evaluation of feelings and attitudes about one's life at a particular point in time ranging from negative to positive. It is one of three major indicators of well-being: life satisfaction, positive affect, and negative affect (Diener, 1984). Life satisfaction is often careful a desirable goal, in and of itself, stemming from the Aristotelian ethical model, eudemonism, (from Eudaimonia, the Greek word for happiness) where correct actions lead to person well-being, with happiness on behalf of the supreme good (Myers, 1992). Social interaction, such as meeting and helping friends, relatives or neighbors, increase satisfaction. The meaning of happiness counting life

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satisfaction, well-being, global life-worth, life quality, hedonistic level, euphoria, elation, enjoyment, hopefulness and success in achieving goals.

METHODOLOGY

Statement of the problem

- To study the relationship between Spiritual Intelligence and Life Satisfaction among youth.

Objective

1. To find out the difference between Male and female on Spiritual Intelligence.
2. To find out the difference between Male and female on Life Satisfaction.
3. To measure the correlation between Spiritual Intelligence and Life Satisfaction among youth.

Hypothesis

1. There will be significant difference between Male and female on Spiritual Intelligence
2. There will be significant difference between Male and female on Life Satisfaction.
3. There will be positive correlation between Spiritual Intelligence and Life Satisfaction among youth.

Sample

For the present study 100 PG students among them 50 male and 50 female is selected from Dr.Babasaheb Ambedkar Marathwada University Aurangabad by purposive sampling method. The age range of present sample is 20-25 year.

Sample design

| Male (students) | Female (students) | |
|-----------------|-------------------|-----|
| 50 | 50 | 100 |

Variables

Independent Variables

Gender

- A) Male
- B) Female

Dependent Variables

- A) Spiritual intelligence
- B) Life satisfaction

Tools and Measure

1. **Spiritual intelligence Scale** This scale is developed by Prof. Roquiya Zainuddin and Ms, Anjum Ahmed. It contains 78 items and six Factors of S.I. are included in this scale each questions has five alternative answer i.e. 1} Strongly Agree 2} Agree 3} Uncertain 4} Disagree 5} strongly Disagree. This scale has a high reliability and validity for the Indian population Reliability of the test by Guttman split-Half coefficient calculated is.70 and Validity of the test was.85
2. **Life satisfaction Scale** This scale is developed by Dr. Q.G.Alam and Dr.Ramji Srivastava It contains 60 items and six Factors of L.S.S are included in this scale, the test –retest reliability was computed after a lapse of 6 weeks. The obtained quotient was .84 and Validity of the test was.74 and .84 respectively.

RESULTS

Table no 1 show mean, SD and t-test difference on Spiritual intelligence among Male and female students.

| Gender | N | Mean | SD | t-value | Significant level |
|--------|----|--------|----------|---------|-------------------|
| Male | 50 | 96.02 | 5.936707 | 10.71 | 0.01 |
| Female | 50 | 108.16 | 5.377049 | | |

Table no 2 show mean, SD and t-test difference on Spiritual intelligence and Life satisfaction among Male and female students.

| Gender | N | Mean | SD | t-value | Significant level |
|--------|----|-------|------------|---------|-------------------|
| Male | 50 | 28.36 | 3.94740938 | 11.46 | 0.01 |
| Female | 50 | 37.46 | 3.990857 | | |

Table no 3 show correlation on Spiritual intelligence and Life satisfaction among Male and female students.

| Gender | Factors | | Correlation value | Correlation |
|--------|------------------------|-------------------|-------------------|----------------------|
| Male | Spiritual intelligence | Life satisfaction | .64 | Positive correlation |
| Female | Spiritual intelligence | Life satisfaction | .73 | Positive correlation |

DISCUSSION

The aim of the present study was to find out the *correlation* between Spiritual intelligence and Life satisfaction among male and female PG students also find out the difference between gender on spiritual intelligence and life satisfaction. Result table no.1 shows difference among male and female PG students on spiritual intelligence. The mean of male on spiritual intelligence is 96.02 and SD is 5.93 and the mean of female on spiritual intelligence is 108.16 and SD is 5.37. And t-value is 10.71 which show significant difference on 0.01 level. Female has high spiritual intelligence then mane PG students that's why hypotheses no.1 is accepted.

Result table no.1 shows difference among male and female PG students on Life satisfaction. The mean of male on Life satisfaction is 28.36 and SD is 3.94 and the mean of female on Life satisfaction is 37.46 and SD is 3.99. and t-value is 11.46 which show significant difference on 0.01 level. Female has high Life satisfaction then mane PG students that's why hypotheses no.2 is accepted.

Table no. 3 show correlation between spiritual intelligence and life satisfaction among male and female student .correlation among male PG students on spiritual intelligence and life satisfaction is .64 which is positive correlation. Correlation among female PG students on spiritual intelligence and life satisfaction is .74 which is positive correlation .hypotheses no.3 is accepted.

CONCLUSION

There is significant difference between male and female on spiritual intelligence and life satisfaction. A female PG student has high spiritual intelligence and life satisfaction then male PG students. There is positive correlation between spiritual intelligence and life satisfaction among male and female students.

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Conflict of Interest

The authors carefully declare this paper to bear not conflict of interests

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