

## Personality Characteristics and College Students

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### ABSTRACT

Present study investigates to the study of Personality Characteristic's among male and female college students. By employing a sample of 200 subjects in which 100 subjects were from male students and 100 were selected from female students. All subjects included in the study from Marathawada region. A personality characteristic was measured by standardized test. Sinha's Differential Personality Inventory (SDPI): This test is developed and standardized by Arun Kumar Singh & Ashish Kumar Singh. After analysis of the data following results was drawn. Subjects from male and female areas significantly differ on personality characteristics. A summary of ANOVA shows that main effect gender is significant. Subjects from male and female college students differ significant among themselves Dependent variable personality characteristics.

**Keywords:** *Personality Characteristics, College Students, SDPI*

**P**ersonality concerns the most important, most noticeable parts of an individual's psychological life. Personality concerns whether a person is happy or sad, energetic or apathetic, smart or dull. Over the years, many different definitions have been proposed for personality. Most of the definitions refer to a mental system -- a collection of psychological parts including motives, emotions, and thoughts. The definitions vary a bit as to what those parts might be, but they come down to the idea that personality involves a pattern or global operation of mental systems. Here are some definitions:

"Personality" can be defined as a dynamic and organized set of characteristics possessed by a person that uniquely influences his or her cognitions, motivations, and behaviors in various situations. The word "personality" originates from the Latin *persona*, which means mask. Significantly, in the theatre of the ancient Latin-speaking world, the mask was not used as a plot device to *disguise* the identity of a character, but rather was a convention employed to represent or *typify* that character. Personality may also refer to the patterns of thoughts, feelings and behaviors consistently exhibited by an individual over time that strongly influence our expectations, self-perceptions, values and attitudes, and predicts our reactions

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Received: January 2, 2018; Revision Received: January 19, 2018; Accepted: February 14, 2018

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to people, problems and stress. In a phrase, personality is not just who we are, it is also how we are.

Previous research suggested that student's achievement could be influenced by number of factors. These can be classified into four broad categories, personality characteristics, organizational skills, cognitive process and social factors (Hilliard, 2001). A significant area of research in the category of personality characteristics, ability is one of the important variables as is confidence, motivational factors have also been shown to have the effect on students personality.

### *Characteristics of Personality*

Our personalities may be collectively characterized into four fundamental characteristics. First is that every individual's personality manifests consistency. This means that we demonstrate a pattern of regularity or uniformity to our behaviors as recognized and identified by other people. In essence, we tend to act in similar ways and respond similarly to various situations.

Another characteristic of our personality is that it is psychological and physiological. A person's character and identity is built up by the patterns of thoughts, feelings, and behavior. However, some researches would mention that biological aspect also affects or influences personality. Our personalities are also said to be characterized by impact behaviors and actions. It causes us to take action or respond to various situations and experiences in certain ways aside from affecting how we act and react in certain situations. The fourth characteristic of our personality is that it is demonstrated through multiple or various expressions. It is more than just a person's attitude or behavior but also identified through patterns of thoughts, emotions, relationships, and interaction with other people.

### *Objectives of the Study:-*

1. To explore the personality characteristics of male and female college students.

### *Hypotheses of the study:*

1. There will be significant differences on following personality characteristics of male and female college students.
  - ✓ Decisiveness
  - ✓ Responsibility
  - ✓ Emotional stability
  - ✓ Friendliness
  - ✓ Ego strength
  - ✓ Curiosity
  - ✓ Dominance

## METHODOLOGY

### Sample:-

For the present study 200 Sample were selected from Marathwada region. The effective sample consisted of 200 subjects, out of whom 100 subjects were male college students and 100 subjects were female college students. The age range of subjects were 18-25years Ratio was 1:1

### Variable:

#### Independent variables

In the present study, following variables have been treated as independent variables.

1. Gender (i.e. Male & Female)

#### Dependent Variables

1. Personality characteristics
  - ✓ Decisiveness
  - ✓ Responsibility
  - ✓ Emotional stability
  - ✓ Friendliness
  - ✓ Ego strength
  - ✓ Curiosity
  - ✓ Dominance

### Tools Used for Data Collection:

#### Sinha's Differential Personality Inventory (SDPI):

This test is developed and standardized by Arun Kumar Singh & Ashish Kumar Singh. Singh's Differential Personality inventory (SDPI) has both test-retest reliability and internal consistency reliability was calculated. The test-retest reliability coefficient range from .37 to .86. Singh's Differential Personality Inventory (SDPI) has been validated against a number of criteria. In doing so, the scale yielded highly satisfactory validity.

## RESULT AND DISCUSSION

Table No. 1.1, Mean, SD and F values for Gender on Personality Characteristics

Dependable Variables	Male		Female		F Ratio	Significant
	Mean	SD	Mean	SD		
Decisiveness	11.15	1.94	11.41	1.41	2.50	NS
Responsibility	10.02	2.15	11.17	1.92	32.88**	0.01
Emotional stability	10.94	2.33	10.35	2.62	6.47*	0.05
Friendliness	10.27	2.21	9.39	2.25	16.03**	0.01
Ego strength	9.49	2.13	10.26	1.85	14.68**	0.01
Curiosity	10.59	1.87	10.24	2.30	2.77	NS
Dominance	10.94	1.63	10.36	2.13	10.81**	0.01

Figure 1.1, Showing Mean & SD values for Gender on Personality Characteristics

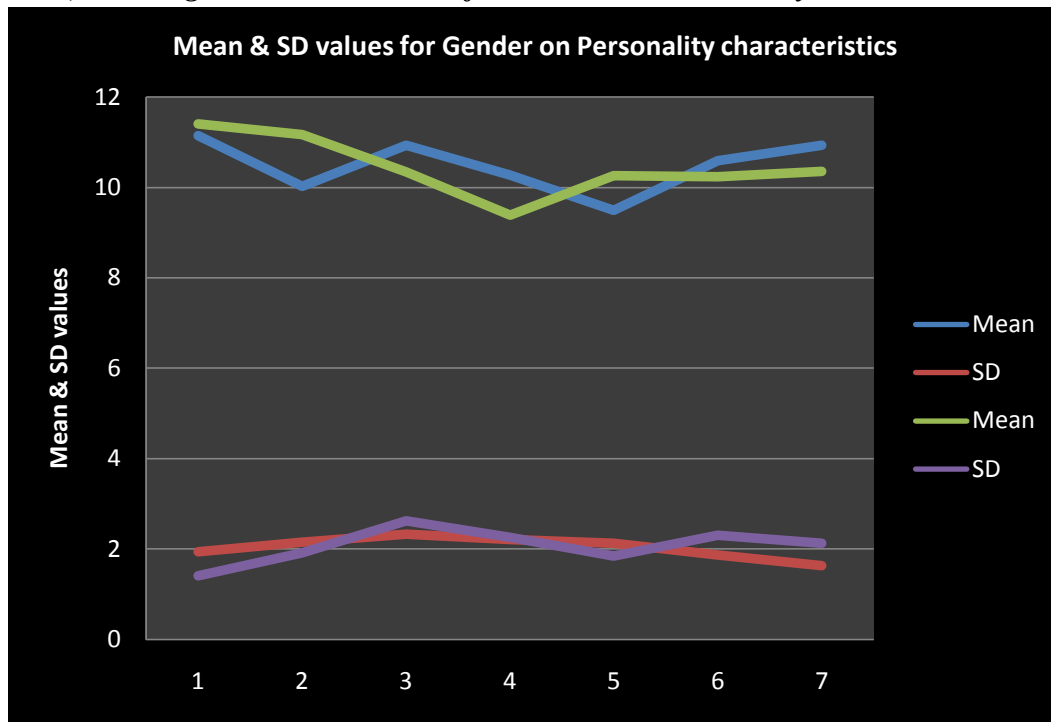


Table and figure 1.1 illustrate the mean, standard deviation and F values for gender (Male & Female) of college students on personality characteristics i.e. Decisiveness, Responsibility, Emotional stability, Ego strength, Curiosity and Dominance. It can be observed from the table and figure 1.1 that the scores of male and female college students on personality characteristics scores obtained as decisiveness male students obtained  $M=11.15$  &  $SD=1.94$  and female students  $M=11.41$  &  $SD=1.41$  which is not significant at 0.05 level of confidence the F value is 2.50 ( $p>0.05$ ). This means that the male and female students not differ on decisiveness personality characteristic. The responsibility scores for male is  $M=10.02$  &  $SD=2.15$  and Female  $M=11.17$  &  $SD=1.92$  which significant at both level of confidence the F value is 32.88 ( $p<0.01$ ). The results revealed that the *male and female college student's significantly differ on responsibility; the female students having more responsibility than the male students*. The emotional stability scores for male and female students are  $M=10.94$  &  $SD=2.33$  and  $M=10.35$  &  $SD=2.62$  respectively which is significant at 0.05 level of confidence the F value is 6.47 ( $p<0.05$ ). It means *male students having significantly more emotional stable than the female students*. The friendliness personality characteristics score for male and female college students are the Mean & SD value= $10.27$  &  $2.21$  and  $M=9.39$  &  $2.25$  respectively which is significant at 0.01 level of confidence; the F value is 16.03 ( $p<0.01$ ) which means the *male and female students significantly differ on friendliness personality characteristics: the male students is more friendliness than the female students*. The ego strength score for male and female students are  $M=9.49$  &  $SD=2.13$  and  $M=10.26$  &  $SD=1.85$  which significant at both level of confidence; the F value is 14.68 ( $p<0.01$ ) which mean the *female students significantly high ego strength as camper as male college students*. The curiosity scores for male obtained  $M=10.59$  &  $SD=1.87$  and female students  $M=10.24$  &  $SD=2.30$  which is not significant at both level of confidence. The last

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personality characteristic dominance Mean, Standard deviation and F values for male and female college students are  $M=10.94$  &  $SD=1.63$  and Mean  $10.36$  &  $SD=2.13$  respectively which is significant at both level of confidence; the F value is  $10.81$  ( $p>0.01$ ). This is meant that the male students are more dominance personality than the female students. There significant differences between male and female college student on their dominance personality characteristics.

F-value revealed that the gender significantly influence on responsibility, emotional stability, friendliness, ego strength and dominance does support the above results, made on the basis of mean difference as the ANOVA for male and female was found significant On this basis it can be concluded that gender has influence on student's responsibility, emotional stability, friendliness, ego strength and dominance personality characteristics. Following empirical studies partially support these results; Bino Paul and others (2010) says that there is not much difference between male and female in terms of dealing with issues such as group activity discussion, keeping oneself calm and taking leadership initiatives. It also decides the adjustment because if a person is more outgoing or participating in nature, will most likely adjust better. (Mary Eillen 2003) But the researcher is in the opinion that the difference may be attributed to the individual difference as well as the family background of the student.

MohdKatharia (2011) reported that the there is significant difference on the factors B,E,F,G and I of personality characteristics of male and female higher secondary students. In one of the finding of the Baseline survey of two rural Marathi medium schools in Maharashtra by TISS, India (2010) point out at existing gap in learning system between schools and also between female and male students of Middle school; under gender wise classification, clearly indicates that there is not much difference between female and male in terms of dealing with issues such as group activity, debates and discussion, keeping oneself calm, and taking leadership initiatives. The capability of doing things better category however signals out a certain level of difference between male and female students.

Overall gender differences in personality are generally not innate and in changeable but are influenced by the combination of biological tendencies, motives and abilities, social expectations, learning and conditioning, etc.

### CONCLUSIONS:

There is a significant difference on Responsibility, Emotional stability, Friendliness, Ego strength and Dominance personality characteristics of male and female college students.

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**How to cite this article:** Dumnar P T (2018). Personality Characteristics and College Students. *International Journal of Indian Psychology*, Vol. 6, (1), DIP: 18.01.029/20180601, DOI: 10.25215/0601.029