

A Psychological Study of Emotional Maturity in College Students of Urban and Rural Background

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ABSTRACT

The present study aims at studying the emotional maturity of college students of urban and rural background. The finding of the study would have great importance for educational, sociological and psychological counseling work of the college students. Total sample consisted of 100 (50 urban students and 50 rural students) the research for emotional maturity scale was measured by Singh J and Bhargava in 1990. 't' test was used to statistical analysis of emotional maturity of urban and rural background college students. Results show this research was there is no significant difference between urban and rural background college students in emotional maturity and there is no significant difference between boys and girls college students in emotional maturity so the hypothesis is accepted.

Keywords: Emotional maturity - students

Emotional maturity is defined as the strength to actualize individual abilities within the frame of social demands. Emotional maturity is an essential condition for the development of every individual and therefore the sooner we achieve the sensitive balance between the components of the young child self, the better we can more stable personality structure the adult. Who can communicate well with others and achieve the maximum from his capabilities and strengths. The concert of emotional maturity is an entire complex subject of the utmost importance.

“According Singh and Bhargva (1990)”

Emotional maturity is not only the effective determinant of personality pattern but also help to control the growth of an adolescents development A person who is able to keep his emotions under control who is able to brook delay and to suffer without self-pity misht still be emotionally stunned.

Aim of the Study

The main aim of the present study are as under,

1. To study the emotional maturity among the urban and rural college students.
2. To study the emotional maturity among the boys and girls students.

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Hypothesis

1. There is no significant difference between of the emotional maturity urban and rural college students
2. There is no significant difference between of the emotional maturity boys and girls students.

RESEARCH METHODOLOGY

Variable

1. Independent Variable

- Urban and Rural college students
- Boys and Girls college students

2. Dependent Variable

- Emotional maturity

Sample

Sample is this study consisted of 100 subjects having 50 boys and 50 girls college students Bhavnagar city. There background is urban and rural.

Tools

The following tolls were used in the present study is

- **Personal Data Sheet:** A personal data sheet development by the investigate was used to collect information about sex and students.
- **Emotional Maturity:** Emotional maturity questionnaire by Singh and Bhargava 1990 was used to measure emotional maturity the questionnaire contains 48 items with 5,4,3,2,1, response alternative. The test-retest reliability coefficient is 0.75 and internal consistency coefficient is 0.42 to 0.86 and validity 0.76.

Statistical Analysis

In this study 't' test was used for spastically analysis.

RESULTS AND DISCUSSION

Table – 1 Mean, SD and T Value of Urban and Rural Students on Emotional maturity

Variable	Group	N	Mean	SD	't'-value	Level of significant
Emotional Maturity	Urban	50	105.34	24.25	1.41	N.S.
	Rural	50	99.05	19.10		

The above table 1 shows the mean difference between two groups in terms of emotional maturity the mean for the urban students is 105.34 and SD 24.35 as well as the mean of rural students 99.05 and SD 19.10 the obtained 't' is 1.41 there is no significant hence it is concluded that there is significant different between urban and rural students in terms of their emotional maturity since the high score of emotional maturity indicates good emotional maturity. Urban students show good emotional maturity than rural students. These results accepted the hypothesis that "there is no significant difference between the college students.

Table – 2 Mean, SD and T Value of Boys and Girls on Emotional maturity

Variable	Group	N	Mean	SD	't'-value	Level of significant
Emotional Maturity	Boys	50	95.86	23.09	0.75	N.S.
	Girls	50	99.04	19.11		

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The above table 2 shows the mean difference between two groups in terms of emotional maturity the mean for the boys students is 95.86 and SD 23.09 as well as the mean of girl students is 99.04 and SD 19.11 the obtained 't' is 0.75 there is no significant hence it is concluded that there is significant different between boys and girl students in terms of their emotional maturity since the high score of emotional maturity indicates good emotional maturity. Girl students show good emotional maturity than Boy students. This result accepted the hypothesis that "there is no significant difference between the college students.

CONCLUSION

Based on formulated hypothesis and the observed results following conclusions were drawn

1. There is no significant difference between the emotional maturity of the urban and rural college students.
2. There is no significant difference between the emotional maturity of the Boys and girls college students.

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Conflict of Interest

The author(s) declared no conflict of interest.

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