

Personality Characteristics of Violent Young Adults in Romantic Relations

Anushka J.^{1*}, Ezaz S.²

ABSTRACT

The present study was intended to find out the levels of personality characteristics in among young adults in romantic relations. A sample of 222 young adults (N=116 Males and N=106 Females) were selected for the purposive sampling technique. Through the online survey two questionnaires were described to young adults aged between 18 to 25 years. NEOFFI, Paul T. Costa., et al, including 30 items was used to determine the personality characteristics. among young adults in romantic relations. CADRI, Wolfe et al.,2000 (Conflict in dating relationships) 46 item scale was to determine the effect of personality characteristics among young adults involved in dating relationships. Descriptive Statistics and Pearson Product moment correlation was done. According to Pearson product moment, it was found that there is no correlation between personality characteristics of violent young adults and their romantic relationship. The null hypothesis was accepted indicating that there is no significant relationship between personality characteristics of violent young adults and their romantic relationships.

Keywords: *Personality Characteristics, Romantic relationships, Young Adults*

Adolescence and young adulthood are identified by important changes in personality, changes in their behaviour and physical outfit and the creation of intimate relationships. We examined the role of personality traits which may affect to the violent behaviour of young adults and what are the types of personality traits which are effecting aggression and violence in the romantic relationships of young adults.

Overall, the current study provides important perception into the role of personality. The study of conflict in violent partner in relationship has supportably directed on violence carrying out on neurotism personality who does violence towards there partner, but current study of research suggests that, at least in minor couples, the difference between genders is shrinking or even reversing. The objective of this study is to analyze the personality traits of adolescents who are violent towards their partners. The main objectives of this research are to study the fact of aggressive behaviours against their partner of young adults according to gender of personality. To recognize the differential personality variables of male and female.

¹Research Scholar, Msc. Counselling Psychology, Karmaveer Bhaurao Patil College (Autonomous), Navi Mumbai, India

²Head of Dept. of Psychology, Karmaveer Bhaurao Patil College (Autonomous), Navi Mumbai, India

*Corresponding Author

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To find which personality trait estimate violence against the partner male or female. Personality characteristics was measured by 60 item scale of NEOFFI-3 in which we included only two personality traits i.e., extroversion and neuroticism and violence of adolescence and young adults was measured by Conflict in adolescence dating relationship inventory. Result There is slightly relation between personality traits and violence behaviour in adolescence and young adults. Due to their personality traits adolescence are getting violent toward their romantic relationship. But in the current research it is proof that there is no relation between personality traits and violent behaviour in young adults.

Violent Behavior- The violent behavior of adolescents towards their romantic partners which involves action like verbal abuse, physical abuse, self-harm etc. are considered as violent behavior of adolescence. Violent behaviour is any behaviour by means of a man or woman that threatens or surely harms or injures the character or others or destroys assets. Violent behaviour frequently starts with verbal threats however over time escalates to involve physical harm. There are some things that can make someone much more likely to be violent. The three aggression types comprised reactive-expressive (i.e., verbal and physical aggression), reactive-inexpressive (e.g., hostility), and proactive-relational aggression (i.e., aggression that can break human relationships, for instance, by circulating malicious rumours).

Personality Traits- Personality traits are a characteristics/behavior of a person which is consistent and stable, the nature which is stable and constant is known as personality traits. personality developments mirror people's characteristic styles of thoughts, feelings, and behaviors. Character tendencies suggest consistency and balance someone who scores high on a selected trait like Extraversion is predicted to be sociable in exceptional situations and over time. Personality embraces moods, attitudes, and opinions and is most clearly expressed in interactions with other people.

METHODOLOGY

Purposive sampling method using descriptive statistics was used to determine the relationship between the personality characteristics among violent young adults and their romantic relationship. The key variable targeted in this investigation is; personality characteristics among violent young adults and their romantic relationship. The target population is; young adults in romantic relationships.

Objectives

- To understand the level of the personality characteristics among violent young adults and their romantic relationships.
- To understand the relationship of personality characteristics and violent young adults romantic relationships.

Hypothesis

1.	Null hypothesis	There is no relation between personality traits and violent behaviour of partner.
2.	Alternative -	There is relation between personality traits and violent behaviour of partner.

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Research Design

The study has used correlation

To find out the relationship of personality characteristics and violent young adults romantic relationships.

Participants

The subject should be an adolescent or adult ie age 15-25 yrs. And should be involved in a romantic relationship. The collection of data was from 115 individuals by Judgmental/purposive sampling design. The research was online survey process in which they have to fill online questionnaires which were through Google form.

Data Collection Tools

- 60 items NEO FFI-3
- Conflict in dating relationships inventory scale.

Procedure

Adolescence and young adulthood are identified by important changes in personality, changes in their behaviour and physical outfit and the creation of intimate relationships. We examined the role of personality traits which may affect to the violent behaviour of young adults and what are the types of personality traits which are effecting aggression and violence in the romantic relationships of young adults. Data was collected from 115 college students and school going students (age 15 -25 yrs.) The method of data collection was online. And total 115 people responded to the survey.

RESULT

There is no significant relationship between personality characteristics and violent young adults romantic relationships.

The result shown accepts the null hypothesis and disproves the alternative hypothesis.

Descriptive Statistic

Table 1. Mean and Standard deviation of obtained sample

Descriptive Statistics			
	Mean	Std. Deviation	N
Neurotism	25.4696	6.03691	115
Extroversion	27.9130	6.78823	115
Partner	12.3652	10.37992	115

Table 2. Correlation between Personality Characteristic (Neuroticism and Extroversion) and partner (violent young adults in romantic relationship)

Correlations				
	Neurotic	Extroversion	partner	
Neurotism	Pearson Correlation	1	-.066	.332**
	Sig. (2-tailed)		.481	.000
	N	115	115	115
Extroversion	Pearson Correlation	-.066	1	-.012
	Sig. (2-tailed)	.481		.897
	N	115	115	115
Partner	Pearson Correlation	.332**	-.012	1
	Sig. (2-tailed)	.000	.897	
	N	115	115	115

** . Correlation is significant at the 0.01 level (2-tailed).

DISCUSSION

Personality characteristics of violent young adults in romantic relationship. The data was collected from 15 to 25 yrs age group students through online survey method. 115 participants were participated in this research, in which female- 58 and males-57 age group from 15 to 25 yrs. This research is based on personality traits and which personality trait affects for aggression in adolescence and young adults, there are total 5 personality traits i.e. Extroversion, neuroticism, conscientiousness, agreeableness and openness. In this trait I have chosen only 2 personality traits i.e., extroversion and neuroticism, which may affect the violent behaviour of young adults towards their partner. And as shown in the graph proves that people with extrovert personality are not involved in violent behaviour as compared to neuroticism people, so the result is slightly significant to the other results. So, the result proves that there is no relation between personality traits and violent behaviour towards their partner. The research is not link with other researchers and null hypothesis was proved that there is no relation between neurotic personality trait and their aggression towards partner. The correlation between neuroticism and extroversion was $-.066$, neuroticism and violent partners correlation was $.332^{**}$. The significance of the result was 0.01 so it proves that there is no relation between personality traits and violent young adults in relation.

CONCLUSION

The result shown in this survey rejects the alternative hypothesis and proves null hypothesis as, there is no relation between personality characteristics and violent behaviour in adolescence and young adults.

Implication

- According to the findings, it was seen that the null hypothesis is accepted
- The result concludes that there is no correlation between personality characteristics and violent young adults in romantic relationship.

Limitation

- The study was limited to 15 to 25 yrs. age group people and Geographical condition was also under control.
- Temperature is one of the limits because we can't control the temperature of the atmosphere.
- Lack of time.
- Geographical area is under limitation.

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Conflict of Interest

The author(s) declared no conflict of interest.

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