

Role of Psychology in Re-Orienting Dalit Youths of Bihar for Future India

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ABSTRACT

The Role of Psychology is increasing day by day. Psychology exists at every sphere of life. Applying social psychology, guidance and counseling, health and sports psychology could be very useful for the youth. Bihar has been a center of psychologists since inception of this discipline in India. If the psychological knowledge will be used to train the Dalit youths in Bihar, it could be very fruitful for their future which ultimately will be future of India. In area of psychology, development of learning environment for Dalit youths and marginalized community, create opportunity for their guidance to develop required skills to cope with requirements of modern jobs. For that purpose, organizing training programmes, workshops, Seminars, Conferences, in area of Applied Psychology involving other branches of Psychology would be very fruitful. Create some placement opportunity, Capacity building programmes in the area of Psychology for Dalit students, businessman, School teachers, parents, and community could be an added benefit. We should engage the Dalit youths in social initiatives for their nation, state, and community. There is need for holistic approach to re-orient the Dalit youths of Bihar for Future of India.

Keywords: *Psychology, Re-Orienting, Dalit Youths, Bihar*

According to Census (2011), 27.5% of the total population of India is Youth. According to the National Youth Policy (2014), their age is 15-29 years. Normally, the Youth is defined as the people who are at age of 15-29 years. The total population of Bihar is 1,040, 99 452, about 26.9% of the total population is youth. As the poor state like Bihar, educational status of the youth is quite bad in higher education as like other states of India. The health status of youth is also lacking because of poverty. They have lack of money. Despite of, there are several other reasons behind it, as like lack of guidance in choosing the right subject at the beginning of the career, stressful life, lack of patience, lack of confidence, ambiguous goal, lack of right direction to achieve the goal, lack of interest in improving the government education system by the government, the apathy of the society in rural areas for career of children, the lack of teacher in the government college and lack of educational environment, lack of technical facilities, lack of training of Dalit youths, lack of motivation, lack of guidance by teachers in colleges, lack of trained

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counsellor for guide Dalit youths, class struggle, family struggle, personal struggle, mental stress, lack of right technical academic institutions, lack of proper training for lab by teachers, lack of suitable lab, lack of a modern library, lack of appropriate syllabus, moral degradation, consumption of alcohol by youth, early maturity, violence in colleges, materialism, obesity, educational diversity, lack of education, childhood crime, lack of political interest, increasing unemployment, lack of health facilities, lack of inadequate opportunity, corruption, terrorism, lack of development of industries, etc. Apart from these, there may be some other reasons. The Dalit youths has been wandering from the right path. So, Psychology may be playing an important role to solve all these problems. For, these collective efforts are needed, by the government, society, parents, teachers, youth and psychologists have an important role; the government will also have to provide all the facilities, which is important for us? Parents, youth and teacher will also have to follow their duties. Hence, Psychology will be fruitful to re-orient the Dalit youth of Bihar and contribute to the development of their state. In my opinion re-orientation refers to solution of problem with the help of applied technique in psychology. The holistic point of view it refers to emerging trends or techniques which is useful or fruitful to solve the problem of youth of Bihar, or trained the emerging techniques which is useful to cope day to day life. It may be future of the nation. Besides this, psychologists can use some of other techniques to re-orient the Dalit youths, discussing further Apart from this, it is important to remove major social evils from the society. Development of India is not possible without removing all these evils.

Major Evils of Dalit youths

There are several major evils as like Child labour, dowry system, illiteracy, superstitions, gender discrimination, corruption, inequality, caste system etc. All of these must be removed from the root. Then, the participation of Dalit youths will be increasing for future of India. But we do not try to solve the problems of all these issues. All of them have to be overcome. Only then, the Dalit youths of the last stage of society may be included together, and then we will think about the development of a state. Apart from this, using the governmental research will need to find out all the problems from time to time and think its solution. Most of participation of the Dalits youth of Bihar will increase.

Emerging problems of Dalit youth

Now days, many social problems were increasing, such as: Suicides in Dalit youth, mental stress in Dalit youths, lack of emotional intelligence, ethnic tension, rapes, and insecurity among Dalit youths etc. All these emerging problems have to be resolved faster; by the help of positive attitude towards development of the nation. If these problems will not solve among the Dalit youths. Then, there is a chance of the unpleasant debate initiated.

Education System of Bihar

Bihar has played an important role in the propagation of Indian education system. Under the political conspiracy, the education of the entire country is being wasted; the Dalit youths of the lower position are still the same, today education and health facilities are not enough for the poor people in India. All of these rights have been given to all, those rights under the constitution here, but these things are not destined for the poor. They have a dream to speak English with his children, to see the children healthy, all this is possible only when the policies of the government are right and the facilities of those things meet to all the bottom runners. For this, everyone will have to eliminate discrimination and think about help for each other's.

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Bihar is facing problems of specialize teacher for taught some specialization branches as like Health psychology, Sports psychology, Neuropsychology, Political Psychology, Military psychology. Some applied branches psychology like clinical psychology, counseling psychology, guidance psychology, organizational Psychology, and industrial psychology is teaching in Bihar for only academic purposes. The Dalit youths of Bihar does not aware its application for employment purpose.

There is no any well psychological laboratory in the different university of Bihar. The curriculum of psychology does not latest according to the latest need of employment. Rarely, Teacher has interested to teach these new branches of psychology. The state government has not interested to improve higher education for employment purposes because of political purposes. So, how can it possible to re-orient the Dalit youths of Bihar?

Limitation of Psychology

Some psychologists, such as Durganand Sinha, has also told the limited scope of psychology because it is not a policy science; there is a lack of proper data, so that, for policy purpose there is need suitable data. Then, Implement the right policy for the Dalit youths. Future Bright of India depends upon several factors, Psychologist have been debating since inception the Role of Psychology in the nation building. Prof. Jai B P Sinha argues strongly in the favor of Pivotal role of Psychology in defining the development, identifying its indicators, Designing social institutions, and relationships, and planning strategy for national development. In contrast, Mehtar (1984) feels that psychology is too young and too weak to cope with the problems of development:

“... The idea of national development is enormously complex and it is unrealistic to expect a nascent science like psychology to have affected the course of national development.”

CONCLUSIONS

There is need common education system for all over the country, common health facilities of all, the eradication of caste system, the abolition of dowry system, the appropriate environment for all, the basic facilities to everyone, Social justice for all etc. It is also an important aspect for the nation development. There must pay attention by the government. There is also need to begin psychology with school education. There is need for a psychological assessment at the appropriate age of all children, free access to the psychological assessment in all schools, free facilities for consulting trained counsellor in all schools / colleges, free health checkup of children / youth from time to time etc. Besides this, there is a need to focus on many other aspects. As like sex education with the childhood. In this way, psychology can play an important role in the development of a country. Which can re-orient the Dalit youths of the Bihar?

Now, there are some important terms, which can help in development of Bihar as well as country as like social harmony requires that the groups and communities keep negotiating with each other with view to contain their conflicts and facilitate cooperation. It provides good idea for the national development. It can control communal harmony in village, panchayat, block, district, state, country and the society. This helps work together and provides good atmosphere for future of India.

Social efficacy and social energy are very important aspects for identifying their needs, planning their future, mobilizing resources, and coping with problems of integrating their existing socio-economic structures and values with the ones they aspire for. This requires a sense of social efficacy which is constituted of optimism, self-esteem, values for change, etc.

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(P. Mehta, 1983) it is an important aspect for national development or future of India. Global Development is an important determinant to solve the major problem of people. Major problem of people global in the nature. For example: - poverty, pollution, population growth, health, food, energy, arms race, imbalance in trade, education, environmental problem and social problem and others etc. these problems cannot solve easily and locally level. To solve these problems have required to holistic approach of different branches of social science and need adequate of funds.

Despite of all, it is necessary for re-orient the Dalit youths of Bihar to aware all the practical aspects of different branches of applied branches of psychology. We are discussing about some technique and theories which are very important for enhance the employment in the area of applied psychology. Clinical psychologist must know all these technique like clinical assessment tool like MMPI, Rorschach test, Aptitude test, Attitude test, Vocational interest test etc., psychobiological exploration of mental illness, several psychotherapies, and clinical pharmacopsychology. Clinical psychologist is diagnosing and treating more common disorders like learning disabilities, substance abuse, depression, anxiety, and eating disorders. Counselling and Guidance psychologist must know the experience the different areas like pre-college guidance, educational guidance, vocational guidance, occupational guidance, guidance for populations with special needs, disadvantaged groups: social, economical and education (over achievers and under achievers), women exploitation at home and work, social guidance, Senior citizens: emotional, social, and physical problems, vocational guidance, moral guidance, and health guidance. Health psychologist must experience in the conducting clinical interviews and behavioral assessment because psychological factors can affect directly health. Similarly, sports psychologist must trained in various mental strategies, such as visualization, self-talk and relaxation techniques can help athletes overcome obstacles and achieve their full potential. Cope with the pressures of competition. Political psychologist must train to new techniques to understand the human mind, social identity, political attitudes, political efficacy, social attitude and ideology of the voters for future election.

The role of organisation psychology and industrial psychology is very important in the current scenarios because today is era of industrialisations in India and Bihar. The industry is beginning day by day so, it is necessary for occupational psychologist must train in the emerging trends like recruitment process of employee, well-being of employee, production, market, sale of product to get more income on goods, good working environment, impact of technology on personnel selection, and efficacy of intervention other approaches for improvement of organisational welfare. Social psychology is also an important branch of psychology. In this time social psychological causes are increasing day by day. Hence, social psychologist is must train in emerging methods of social and psychological to solve the problem based on psychosocial. To solve the problem of psycho-social problem it is necessary to know some social and psychological theories and techniques of social psychology, sociology and social work.

Hence, deep knowledge of all the above emerging trends of psychology and others applied understanding of psychological knowledge will be also fruitful for their future, which ultimately will be future of India. In the area of psychology, develop learning environment for Dalit youth and marginalised community, create opportunity of guidance to develop skills to cope with requirement of modern jobs. For, that purpose organising training programmes, workshops, seminars, conferences in the area of applied psychology involving other branches of psychology would be fruitful. Create some placement cell at the college

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level in every college, organise capacity building programmes in the area of psychology for students, businessman, school teachers, parents, and community. Dalit youth should participate in social initiative for their nation, state, and community. Dalit youth will also have to know about all the new innovation and their full potential in the development of nation. It may be holistic approaches to re-orient of the youth of Bihar.

For re-orient the Dalit youths of Bihar, Psychologist may be deep understanding on the other branches psychology as like social psychology, counseling and guidance psychology, clinical psychology, Political psychology, health psychology, organizational psychology, Industrial Psychology, sports psychology, military psychology and sports psychology etc As, we know that psychology exist at every sphere of life. Psychologist of Bihar is lacking of awareness and guidance all these branches of psychology and its applied aspects.

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Conflict of Interest

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