

The Unconscious Mind and Planetary Influences on the Human Unconscious Mind and Personality

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ABSTRACT

The unconscious mind has been more of a subject of understanding for philosophers than psychological attention. The unconscious mind is not separate from the rest of the universe and so are the planets and its connectivity to the human unconscious which is part of the universal unconscious. Many psychologists have tried to explain the fact over the centuries. One such researcher and German psychologist Carl Gustav Carus stated “*In the unconscious, the general existence of the world continues to flow without interruption; all the threads linking the individual to the whole remain unbroken in the unconscious. It is very important for psychology to keep this in mind while observing the organism. The more unself-conscious an organism is, the less it is an individual*”. This insight of unconscious is well laid out and covered in *Advait Vedanta* that there is no duality in the world. Thus, the purpose of the article is to give an insight of human unconscious and its connectivity to the universal unconscious in the vibrating universe. Also, to understand the impact of the vibrations of various planets and constellations on the human unconscious as if able to influence their overall personality.

Keywords: Archetypal, Astrology, Astronomy, Influence of Planets and Constellations, Unconscious, Universal Unconscious, Personal Unconscious, Personality Assessment

Mind is an invisible entity and proposedly lies in the brain, which thinks, remember, feels, or apply intelligence etc. is being projected in Western psychology. In Indian understanding, the mind extends from ‘human mind’ to ‘universal mind’ and is a collective knowledge bank of human unconscious. The capacity of human mind is limited and when a human mind gets developed through mindful practices and continuous observation, it attains consciousness. It realises its natural potential along with connectivity to universal mind when the real knowledge starts flowing in a being making him creative and extraordinary than others.

The unconscious mind is deeper than it is known or unknown aspects of its imaginable limits. Since ability of a normal human being does not touch that depth of mind in a normal

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course, there is no clear definition of unconscious mind ever existed in psychological terms. The term ‘unconscious’ as introduced by Sigmund Freud, is an ‘unfulfilled or repressed desires’ which forms most of conscious expressions and behaviour of an individual. It is the dynamic concept which makes the individual’s conscious continually driven by the unconscious impulses. (Bharat Radhakishan, 2022).

The ages old Indian psychology or ‘*Adhyatm (adhya + Aatm) means study of psyche*’ which was nothing but the deep exploration of mind wherein by regular practice over mind the boundaries of sub-conscious and unconscious could be blurred, enabling the ‘seeker’ (the *sadhak*), to understand the truth even beyond unconscious levels of mind.

The limited knowledge and ability of science to experience same is possible only when the researcher himself carries out those experiments of observation upon mind to differentiate the real from the unreal or per say to see the truth from the untruth. All definitions emanating from any book worldwide on mind or psychology is limited to the known knowledge and not from direct experiencing that has been attended at the levels of Indian saints and scholars.

As principles of Physics elaborates, nothing is hard in the sphere of universe; rather its hard bonded which make the objects appear hard. Similarly, the human body is nothing but is constitution of physiological spaces. The physiological structures have either space or filled with fluid which are composition of hydrogen and oxygen which again predominantly comprise of space (Zhang, 2020). It can be said that as such there are no boundaries of physical bodies, and the entire cosmos is interlinked with waves and vibrations some with hard bonds and some with loose bonds. As stated by Albert Einstein “Everything in Life is Vibration”. It has been proved that moon has impact on sleep and psychological activities of human beings. (Jakhia, 2013). If impact of moon has been proven, then other planets might also have an impact on the human body and mind that need to be studied and explored.

Western Concept of Unconscious Mind

As per West the concept of unconscious was first projected by French Dr Franz Anton Mesmer whose research was magnet-based impacts upon the healing of the patients from mental illness (Lothane, 2018). Later, the concept of unconscious mind as described by Sigmund Freud is ‘one of the layers of mind which is a prime controller of human behaviour and making of a personality; where in *ego* is the conscious part and the *id* is the unconscious part of the mind which carries the hidden and repressed portion of needs or desires which were forced out of the conscious mind as unresolved conflicts, sexual instinct, socially unacceptable desires which continually tries to come out in the fold of conscious mind or may be at times in dreams’.

This indeed may not be the pleasant description of an unconscious mind, which probably was flowing in the Western world due to ignorance and colonial situations in the earlier days. There is no concrete evidence that the unconscious carries only the unacceptable desires. The unconscious does carry both strength and weaknesses; for e.g., at times many children suddenly develop extraordinary skills and talent in their later ages without having formal training of that skill. All these skills and talents are part of their unconscious and were unknown to them. There have been several saints, like *Swami Vivekanand* who in just 38 years of living, mesmerized the entire world with his work upon mind and its abilities

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(Swami Vivekananda, 1907); *Osho*³ who attained self-awakening at very early age and helped the entire world in understanding truth. One can say that their unconscious, the quest of self-enlightenment was in-built and realised early in life; indeed, here the repressed desire could be to bring awareness in the general mass and renounce the world while seeking the path of true knowledge. Here one can clearly comprehend that somewhere in deep exploration the sub conscious and unconscious boundaries blurred by their regular practices, which made them directly experience the unconscious/ collective unconscious. Thus, for a researcher to understand the unconscious mind at deeper levels, one must practice the skills to maintain awareness in order to experience the creative flair already existing within every individual. The science is empirical and so is understanding the science of unconscious mind, which can only be explored through subtle experiences upon mind by practicing awareness, observation, and direct experiencing.

Carl Gustav Jung, after disintegrating from Freud, introduced the new expression 'collective unconscious' and distinguished 'individual unconscious' from the 'collective unconscious'. This means that an assumption was made that all humans are part of one another and that the unconscious mind is shared by one another. He termed the material of the collective unconscious as 'Archetype' which were primarily the inherited ideas themselves and the force centres of the collective unconscious are the governing principles in the hidden part of the human psyche (Hamaker-Zondag, 1990). Indeed Archetype is more or less understood as destined unconscious of human being which is inherited. (De Coster, 2010).

The term 'Archetype' as described by Jung, was slightly less understood, rather was confusing for many with definition of jumbled up words, where subsequent readers tried to take out best possible understanding of the same and elaborated as per individual understanding (Hamaker-Zondag, 1990). However, an important fact is that Jung was quite influenced with Indian astrological and spiritual depth. He had visited India for three months in 1937-38 to explore Hinduism and Yoga (Bedi, 2014). Thus a lot what has been experienced by Jung, has its existing base in Indian *Advaita Geeta* which speaks about knowledge of self and the self which is already complete and is an observer to mind and body (Juturi, 2020).

The present days concept of 'distancing mind from self' as part of reducing stresses and advance psychotherapy are exactly same as explained in *Advaita Vedanta*. Indeed as mentioned by *Jacob Needleman*, the Transpersonal Psychology extends its wings on the basis of Eastern Psychology or *Advaita Psychology* as complete understanding of mind (Fort, 1990).

One of the most esteemed multi-talented German researcher Carl Gustav Carus, who was a doctor, a naturalist, a scientist, a psychologist, and a landscape painter; his research work and analysis with multi-dimensional capabilities clearly signified awakened unconscious and understanding about the interconnectivity of each human being with planets. Indeed, he has been quoted by Carl Jung in many of his research works. The following observations were laid out in the book "*Psyche: On the Development of the Soul*" (Carus, 1846) :-
All the threads of human unconscious are linked to the universal unconscious. Unconscious is the basis of our present conscious. The protozoa plants and lower animals' inner structure

³Osho Rajneesh was a Indian spiritual guru attained spiritual awakening in 1951 i.e. at the age of 21 and benefitted with his dynamic meditational technique to his disciples all over the world. His communes are still functional in several parts of the world.

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unconsciously foresee their future needs and develops accordingly. Means the human unconscious is also developing at its own pace and is very well a part of overall universal unconscious.

Every free-floating mass attracts each other in relation to its mass and is in turn attracted. For example, a falling stone is powerfully attracted by the much larger Earth, but the stone also attracts the Earth; it is just that we are unable to notice the attraction by the stone as being infinitely small. It is similar to our lack of feeling the vibrations over the tellurian mass caused by an artificial explosion.

Our unconscious life is affected by all humanity, by the life of the earth and by the universe. The movement of the planets, other than the sun and the moon, affects our inner sentience but to such degree that we may compare it to the earth's attraction to a falling stone.

The unconscious is the primordial source of life.

With the above observations it shows that the unconscious of an individual is the prime source of personality formation of the human being, and the planets and constellations does impact the human unconscious and personality.

Indian Concept of Unconscious Mind

India has been a land of yogis and spiritual sages who have done deeper research upon mind establishing awareness beyond unconscious realms. This is important to mention here that the term consciousness at times loosely used both in Western and Indian concepts of Psychology. In the state of consciousness⁴, one is aware of himself with an overview upon his cognitive activities of mind (feeling, sensing, thinking etc). Pure consciousness is an intentional activity.

The human mind in Indian concept on the Path of Knowledge (Advaita), is emanated from the universal mind and is connected with one another as part of same (Fort, 1990). For e.g., when we see image of the sun in several dewdrops does not mean that there are many suns similarly the universal mind is one and is seen as different by people as human minds.

The Universal mind, that Jung tried to project as 'collective unconscious' and Freud projected it to be the 'unconscious' as unknown and hidden part of the mind, is similar to what has been covered Advaita Vedanta (*Advait means Non-Duality*) and Vedas in Indian concept. The 'Archetype' is the force centre of the collective unconscious. In Advait Geeta, the human mind is part of that Universal mind; that's why in the deeper unknown, the unconscious carries most of the treasure of human personality which is a denotation of universal mind / universal unconscious or the 'Archetype'. When the human mind develops awareness beyond subconscious, i.e., when the boundaries of sub-conscious and the unconscious mind blurs by consistent practice of observation on mind, it attains deeper awareness level of self and the universe. At this stage the human mind develops capability of intuitions and knowledge of higher self, bringing the human in a state of balance beyond the effect of happiness and unhappiness. Here the mind does everything in awareness with an enhanced ability of self over mind and body.

⁴In the realms of Advaita Vedanta remaining in awareness leads to more conscious state of mind which leads an individual to blur the boundaries of the know (sub-conscious) and the unknown (unconscious).

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Indian Psychology is empirical and was well understood by Maslow and Carl Jung and later by Carl Roger; enabling them to work upon mind in humanistic approach of personality. Their consistent observation upon mind somewhere blurred the subconscious and unconscious boundaries. For e.g., the capability of human intelligence is very limited and to make it reach beyond in creative chores one needs to develop the depth to touch unconscious or universal intelligence of universal unconscious to create or invent. All creations have taken place by people who could develop the depth of their mind touching larger force of the universal unconscious or universal mind. The Western Psychology could never define the reasons of these creations as they found the psychological explanation of creativity in principle as unachievable. (Boden, 2003). If we carry out deep analysis upon the reason of inability of science to progress beyond certain limits to answer such question is simply because of the inability of the researcher to practice that deep observation upon mind, which only by self-experimenting can give that *true knowledge*⁵ to obtain answers to unanswered questions. The *Advaita Psychology* is very clear in its approach upon unconscious mind 'direct experiencing or experiencing the experiencer' to open gates towards the unconscious or subtle state of universal mind to an extent that even during the state of deep sleep complete consciousness can be exercised (*Turya*)⁶. One of the reasons of researchers not able to reach those depth as their energies are not focused to empirically put in efforts to experience the truth. Those who tried like Carl Jung were not wholehearted accepted considering their research and understanding as unempirical.

Indian philosophers and saints practically experienced the abilities of creations in a human being by virtue of practicing awareness and thus blurring the boundaries of sub conscious and unconscious mind which can bloom the flower of creativity in any human being. That is why no country has ever created quantum of tails and stories as Indians have done including creation of several gods and goddesses, which are nothing but part of their creativity; and with each story or God, there exists some meaning or scientific practice involved, which was to be followed by general people to abide the laws of nature and lead a disciplined life. For e.g. Carl Jung gave two terms namely, 'Anima and Animus', that means the existence of opposite gender force in male and female (De Coster, 2010). It had been figuratively explained by Indian scholars as '*Ardhnarishwar*'⁷ that every male has a femininity aspect in his personality and vice versa for females. Such creativity existed in the Indian scholars (*sages and rishis*) who could break the barriers of conscious mind, by blurring their boundaries to meet the unconscious and extend it beyond the bodies amalgamating in the universal unconscious. In one such recent study of 'Extending the Extended Mind from cognition to consciousness' it has been argued that one cannot consistently hold an externalist view about the material basis of cognition while denying it regarding consciousness. (Telakivi, 2020).

Connectivity of Universal Unconscious and Planetary Influences on Personality

The physical science has proved that nothing can be stated as solid, it's just hard bonded. In other words, each object around us is in a vibration including human body. Indeed, the

⁵ As per Advaita Vedanta, anything that is not subjected to change is truth or true knowledge rest every this is part of Maya - the illusionary appearance of the world which is changing all the time. (Shāstrī, 2557)

⁶ In Hindu philosophy, *turiya* (Sanskrit: तुरीय, meaning "the fourth"), is pure consciousness. Turiya is the background that underlies and pervades the three common states of consciousness. The three common states of consciousness are: waking state, dreaming state, and dreamless deep sleep.

⁷ The '*Ardhnarishwar*' is the duo projection of Indian God Shiva and Goddess Parvati, with half of each projected into single body, projecting the creation of world with each man and women having a projection of femineity and masculinity respectively to form a complete self. (Arora & Srivastav, 2014)

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tinest object, an atom, is 99.9 percent space (James, 1990). Entire universe is floating into this vibration from larger mass to lower mass and lower mass to larger mass i.e., from heavenly bodies to human bodies or vice versa. What lies in the human body is in the form of structure of atom via a large structure like our solar system and millions of such formations in the universe are clear depiction of the vibrational connectivity of smallest particle to largest particle that are continuously on move and affecting their surroundings. The eyes and ears have limited capacity to experience such vibration which are impacting all times the human mind and body. The origin of emotion and thoughts are also a form of vibration. For e.g. strong staring through eyes with deep intensity of emotion travels and create vibrational transformation in a person being stared.

The flow and effect of these vibrations was understood by Indian Psychologists of earlier times who could transform the Astronomical Science to Astrological Science and termed it as *Jyotish Shastra*. The science dealing with *Jyotish*, the lights, (lit planets and heavenly bodies) is well covered in *Surya Siddhanta* (4th century research work describes rules to calculate the motions of various planets and the moon relative to various constellations, diameters of various planets, and calculates the orbits of various astronomical bodies). (Mohan, 2015). This is prudent to mention here, that it is difficult to fetch in-depth details of the human unconscious mind and universal unconscious through laboratory methods as what one can drive through mental concentration and direct subtle observation upon mind, the method prescribed in *Advait Vedanta*, to ascertain such cosmic details that too in those times.

The planetary vibrations reflected or refracted along with solar radiations to the earth are of varying intensities as per planetary distance, size, and movement in the solar system. These vibrations impact our sensory nerves, mental attitudes, and moods. Thus, it's very likely that these planetary vibrations supply the energies to the body cells through our nerves. Since these vibrations differ in wavelength intensity and frequency as per the planetary properties and motion; these vibrations supply different sensory stimuli which impacts the human unconscious and personality at the time of birth.

One of the popular Russian Biologists and Physicists of 19th century, Prof. Georges Lakhovsky, studied the effects of sun, moon, and cosmic rays on human life; accepted the basic principles of Astrology. He was the first modern scientist, who on the basis of his research, openly declared his strong belief that radiations from stars and planets can affect the personality and future destiny of an individual at conception and birth. (Raman, n.d.)

For instance, the most known planet in the solar system is the sun. No scientific theory can deny the impact of sun on each object of earth including physiological or psychological development of living beings. Like a beam of light resonates energy through reflection and refraction upon all objects in a dark room; similarly, the light from the sun emanates radiations and reflects vibrational forces from all planets, impacting creatures on the Earth. A summary of certain observations and logical thought process to ascertain if planets can influence the human unconscious and personality is being mentioned herewith: -

- (a) At around full moon, during NREM sleep (which is an indicator of deep sleep), the electroencephalogram (EEG) delta activity decreases by 30%, time to fall asleep increases by 5 min, and EEG-assessed total sleep duration reduces by 20 min. (Cajochen et al., 2013)

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- (b) The human physiology, behaviour, and health, including sleep has deep association the full moon. (Turányi et al., 2014)
- (c) The lunar cycle affects the birth cycle and down syndrome during pregnancy. The effects have been observed in pregnant women, and the effect reached the peak by the full moon. The research showed that the moon phases interfered with the body homeostasis of pregnant women to a certain degree. (Yan et al., 2020)
- (d) Another study revealed that the lunar cycle has an impact on human reproduction, in particular fertility, menstruation, and birth rate. Indeed, there is a likelihood of release of neurohormones on full moon, which may be triggered by the electromagnetic radiation and/or the gravitational pull of the moon, causing heightened accidents and criminal activities. Many researchers have suggested further and detailed study on above physiological and psychological impacts upon humans and other living beings. (Zimecki, 2006)
- (e) The above studies shows that the gravitational force of the moon, which is strong enough to cause the tides, is also capable of impacting the fluids of human body and whole systems, like endocrine, through which the Moon can consequently affect human mind right from conceiving till birth. Now since these impacts are not in the direct knowledge of human being, the impacts of these are more of unconscious nature and does impact the inborn behaviour of a human being and his unconscious. Impacts of lunar cycle has been observed to the tune of impacting mental health, physical activity, reproduction, neural activity, cardiovascular activity acknowledged by several other scholars. (Chakraborty, 2014).
- (f) In Indian Vedas, sun has been identified as the soul of universe. The existence of time is experienced only on account of sun. It is the fountain head of all forces of life. Any human being staying without sunlight will not only develop physiological disorders but psychological disorders too. No research quote is needed here to prove that nothing can survive without sun. The need of the hour is to decipher the impacts of Sun on human mind and unconscious right from the time child is born.
- (g) The sun and solar radiations not only have its impact on growth of each living being but also impacts the cognitive functions of both normal and psychologically impaired individuals. The sunlight exposure makes a positive significant difference upon cognitive functioning of the depressed people then those who were abstained from the exposure. (Kent et al., 2009)
- (h) There is a significant impact on the orbital revolution of Earth due to gravitational influence of Jupiter, Mars, and Venus. Both Jupiter and Venus have been noticed to induce far more rapid shifts than Mars in both Earth's orbital eccentricity and inclination which can directly impact the climate of Earth. Even Mars has significant impact on the orbital evolution of the Earth. Such gravitational impacts can need to be further investigated as has been proposed by Astro Physicists. (Horner et al., 2017). It is pertinent to mention here that if the heavenly body like earth can have impacts of these planets, then human would also be affected by the impacts they dwell on the same planet. Indian scholars such as Dr BV Raman and many others who have translated Hindu Astrological manuscripts that the vibrational connection of planets of solar system does exist which has significant impact upon the living

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beings present on the Earth (Raman, n.d.). This is indeed now being acknowledged in the Western world as well.

Keeping in view the above-mentioned observations, one can decipher that if the gravitational pull can impact the earth, then surely some transcendental impact has to be gained by human beings which can influence the human mind and personality. This can be complimented with the law of vibration which makes the tiniest atom connected to the largest mass of the universe.

All the planets of the solar system are the transmitters of light, vibrations, and the reflectors of solar energy. These radio-like waves do affect physiological and psychological processes. These rays are not perceptible as human sight has its limitations. For e.g., vibrations of Saturn which is slowest and one of the largest planets radiates slower rate and accordingly its impact is calculated in Mathematical Astrology. The vibrations of the light waves from Mars are much slower, lower, and distinct in colour from Venus and Mercury which is perceptible and measurable through spectroscopy. The different colours of the planets can be explained with the help of Astrophysics. Mercury reflects green colour and thus these rays does impact the life on Earth though the vibrating frequencies are unnoticeable by currently available instrumentation.

CONCLUSION

The current adoption of procedure of experimenting and analysing human unconscious and universal unconscious needs deeper dimensions by the researchers practicing awareness skills and deepening their conscious mind towards the unknown; thus, blurring the inter boundaries of the two layers i.e., sub conscious and the unconscious. It is a proven study that personality of an individual is driven by the unconscious which is connected to the universal unconscious or Archetypal. Entire universe is a set of vibrations and interconnected. The gravitational pull is another factor that have impact on human beings. The simpler models of vibration are traceable by human experimentation, but the complicated ones are still unknown to the humans like their limitation to know about their own unconscious (James, 1990).

The personal unconscious emanates from the universal unconscious and does have impact of vibrating, reflected, and refracted solar and light waves and radiations on the unconscious and personality of an individual. Thus, right from the birth of child or even while the child is conceived in mother's womb, the planetary vibrations start impacting the newly born. The planetary influence does have impact on the physiology and psychology of the human being and this subject needs detailed research of assessing personality by means of psychological projective tests and Vedic astrological personality assessment.

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