The International Journal of Indian Psychology ISSN 2348-5396 (Online) | ISSN: 2349-3429 (Print) Volume 11, Issue 3, July- September, 2023 DIP: 18.01.338.20231103, ODI: 10.25215/1103.338 https://www.ijip.in



Research Paper

Prevalence of Suicidal Ideation in Relation to Restrictive-Permissive Model of Parenting Style among School Students of Ranchi Town

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ABSTRACT

The objective of this study is to find out the prevalence of suicidal ideation relation to Restrictive-Permissive model of Parenting Style among school students of Ranchi Town. Samples were selected by Stratified Random Sample techniques. The total samples of the study were 300. The data were collected with the help of PDQ and Suicidal Ideation Scale. In this study it was found that level of suicidal ideation was very high in very highly restrictive school students.

Keywords: Suicidal Ideation, Parenting Style, Government School, Private School

uicidal ideation

Suicidal ideation, also known as suicidal thoughts, concerns thoughts about or an unusual to extensive thoughts, to detailed planning, role playing (e.g., standing on a chair with a noose), and incomplete attempts, which may be deliberately constructed to not complete or to be discovered, or may be fully intended to result in death, but the individual survives (e.g., in the case of a hanging in which the cord breaks). Most people who have suicidal thoughts do not go on to make suicide attempts, but it is considered a risk factor.

During 2008-09, an estimated 8.3 million adults aged 18 and over in the United States, or 3.7% of the adult US population, reported having suicidal thoughts in the previous year. An estimated 2.2 million in the US reported having made suicide plans in the past preoccupation with **suicide**. The range of suicidal ideation varies greatly from fleeting thoughts, year.

Types of Suicidal Ideation

There are two types of suicidal ideation: -

- a) Active Suicidal Ideation: Active suicidal ideation involves a current desire & plan to die.
- **b) Passive Suicidal Ideation:** Passive may also include a desire to die but is not accompanied with a plan to end one's life.

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Received: September 1, 2023; Revision Received: September 13, 2023; Accepted: September 17, 2023

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Prevention of Suicidal Behavior

Primary prevention of suicide is the ideal method of protection. It requires broad modifications in social, economic and biological conditions to prevent certain members of a population from becoming suicidal. Primary prevention is directed at social interventions early in suicidal pathways. Primary preventive measures or protective factors could include reduction of divorce rates and violence (especially in families), restricting access to lethal methods (firearms, pesticides, toxic gas, barbiturates etc.), promoting physical health, proper exercise, diet, sleep etc. Public education campaigns are popular and they increase knowledge and improve attitudes toward mental illness and suicide, but measures for suicide prevention have been insufficient.

REVIEW OF LITERATURE

Kumari, Juyal, & Singh, (2015) conducted a study on the topic, suicidal ideation and parenting styles among school going students. The present study aims to assess the relationship between parenting style and suicidal ideation among school going adolescents. Parenting Scale and Suicidal Ideation Questionnaire were administered on120 School going adolescent (sixty residential and sixty non- residential). Results of the study show that good parenting is related with suicidal ideation of non-residential boys. It also indicated that non-residential have good parental relationship have shown mild suicidal ideation as compared to non-residential boys who have poor parental relationship.

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METHODOLOGY

Aim of the Study

To know the level of Suicidal Ideation in relation to Restrictive-Permissive model of Parenting Style among School Students of Ranchi Town.

Research question

What will be the level of Suicidal Ideation in relation to Restrictive-Permissive model of Parenting Style among School Students of Ranchi Town?

Sample

The sample of this study consisted of 300 school students of Ranchi Town, students was selected by Stratified Random Sampling from different school of Ranchi.

| Type of School/Gender | Boys | Girls | Total |
|--------------------------------|------|-------|-------|
| Students of Government Schools | 75 | 75 | 150 |
| Students of Private schools | 75 | 75 | 150 |
| Total | 150 | 150 | 300 |

Table-01: Sample Design

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Personal Data Questionnaire: Personal data questionnaire developed by the investigator consisted of items to collect information of the students regarding age, gender, education and occupation of parents, type of family, religion, and place of residence.

Suicidal Ideation Scale (SIS)-Sisoda & Bhatnagar, (1971): Suicidal Ideation Scale developed by Sisoda & Bhatnagar, (1971) will be used to measure the frequency of suicidal thoughts among senior secondary school students. There are 25 statements with five response alternatives: -Strongly agree, Agree, Undecided, Disagree& Strongly Disagree. The statements are both Positive and Negative. Positive statements are scored as 5 to 1 for responding strongly agrees, Agree, Undecided, Disagree, and Strongly Disagree whereas scoring of negative statements is reverse. The test re-test reliability of this scale is .72.

Procedure of data collection: After taking the necessary permission from the principals of the participating schools, the questionnaires will be administering on all the participants. Personal information schedule, Parenting Style scale and suicidal ideation scale will be used for data collection. The questionnaires will be administering separately on all participants.

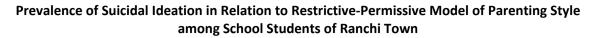
Analysis

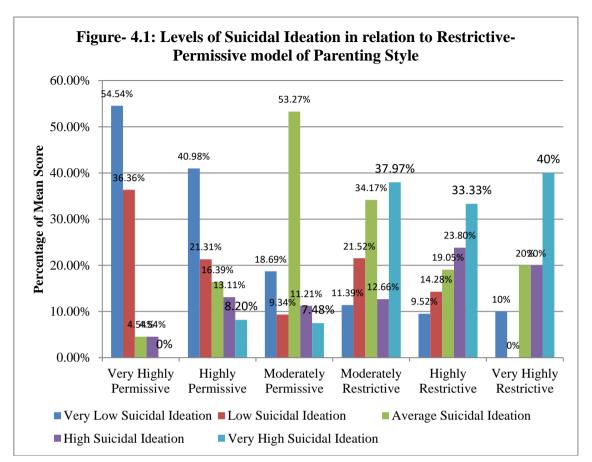
Level of Suicidal Ideation in relation to Restrictive-Permissive model of Parenting Style With the help of Suicidal Ideation Scale found the score of individual. Obtained scores show the level of suicidal ideation and its converted into percentage. The result were presented in Table 4.1 and Figure 4.1

| Group | Very Low Suicidal Ideation | | Low Suicidal Ideation | | Average Suicidal Ideation | | High Suicidal Ideation | | Very High Suicidal Ideation | |
|-------------------------------|----------------------------------|--------|--------------------------|--------|---------------------------------|--------|---------------------------|--------|-----------------------------------|--------|
| | Ν | % | Ν | % | Ν | % | Ν | % | Ν | % |
| Very Highly Permissive | 12 | 54.54% | 8 | 36.36% | 1 | 4.54% | 1 | 4.54% | 0 | 00% |
| Highly Permissive | 25 | 40.98% | 13 | 21.31% | 10 | 16.39% | 8 | 13.11% | 5 | 8.20% |
| Moderately Permissive | 20 | 18.69% | 10 | 9.34% | 57 | 53.27% | 12 | 11.21% | 8 | 7.48% |
| Moderately Restrictive | 9 | 11.39% | 17 | 21.52% | 27 | 34.17% | 10 | 12.66% | 30 | 37.97% |
| Highly Restrictive | 2 | 9.52% | 3 | 14.28% | 4 | 19.05% | 5 | 23.80 | 7 | 33.33% |
| Very Highly Restrictive | 1 | 10% | 0 | 00% | 3 | 20% | 2 | 20% | 4 | 40% |

 Table- 2: Levels of Suicidal Ideation in relation to Restrictive-Permissive model of Parenting

 Style





In the very highly permissive sample 54.54% school students had very low, 36.36% had low, 4.54% had average and high suicidal ideation. Not a single student had very high suicidal ideation.

In the highly permissive sample 40.98% school students had very low, 21.13% had low, 16.39% had average, 13.11% had high and 8.20% had very high suicidal ideation.

In the moderately permissive sample 18.69% school students had very low, 9.34% had low, 53.27% had average, 11.21% had high and 7.48% had very high suicidal ideation.

In the moderately restrictive sample 11.39% school students had very low, 21.25% had low, 34.17% had average, 12.66% had high and 37.79% had very high suicidal ideation.

In the highly restrictive sample 9.25% school students had very low, 14.28% had low, 19.05% had average, 23.80% had high and 33.33% had very high suicidal ideation.

In the very highly restrictive sample 10% school students had very low, not a single sample has low, 20% had average and high and 40% had very high suicidal ideation.

CONCLUSION

The level of suicidal ideation was very high in very highly restrictive school students.

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Acknowledgment

The author(s) appreciates all those who participated in the study and helped to facilitate the research process.

Conflict of Interest

The author(s) declared no conflict of interest.

How to cite this article: Rozy, S. & Hassan, M.P. (2023). Prevalence of Suicidal Ideation in Relation to Restrictive-Permissive Model of Parenting Style among School Students of Ranchi Town. *International Journal of Indian Psychology*, *11*(*3*), 3622-3626. DIP:18.01.338. 20231103, DOI:10.25215/1103.338