

Best Practices in Teacher Education

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ABSTRACT

In the New Education Policy 2019, Teacher education is vital in creating a pool of school teachers that will shape the next generation. Teacher education is very essential in preparing great teachers to shape society and the nation. Innovative and best practices are key factors for the development of the educational system. The best practices of Value-Added Courses, School Internship Research, Online Meditation, TET Classes, TET classes, Film club activity, Community Skill Development, and Research Circle for Faculty are being followed in our college and effectively implemented every year. These practices must be incorporated into the present educational system. Student teachers and faculty members will benefit from following these best practices and it will reform teacher education in future endeavors. This paper emphasizes that Innovative and best practices are essential tools for the development of the educational system and the nation.

Keywords: *Teacher Education, Best Practices for Teachers*

“Utilizing best practices in my classroom positively impacts students by providing motivation to learn and promoting success in a global world” (NC Teacher, 2006)

It is unfortunate, but true, that some academics teach students without having much formal knowledge of how students learn. Many lecturers know how they learned/learn best, but do not necessarily consider how their students learn and if the way they teach is predicated on enabling learning to happen. Nor do they necessarily have the concepts to understand, explain and articulate the process they sense is happening in their students.

In the New Education Policy 2019, Teacher education is vital in creating a pool of school teachers that will shape the next generation. Teacher preparation is an activity that requires multidisciplinary perspectives and knowledge, the formation of dispositions and values, and the development of practice under the best mentors. To avoid mushroom growth of institutions like institutions as business agents. This New Education Policy 2019 strengthens the educational system, especially the Teacher Education Programmes. In teacher education programs, teachers must be grounded in Indian values, languages, knowledge, ethos, and traditions including tribal traditions, while also being well-versed in the latest advances in education and pedagogy according to New Education Policy. To improve and reach the levels of integrity and credibility required to restore the prestige of the teaching profession, the Regulatory System shall be empowered to take stringent action against substandard and

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dysfunctional teacher education institutions (TEIs) that do not meet basic educational criteria. In such cases, regular and best practices are to be followed in all teacher education institutions to cultivate and inoculate the basic needs such as traditions, Indian values, languages, ethics, and recent content knowledge. According to the New Education Policy faculty autonomy, faculty should be enabled and motivated to innovate in their teaching and pedagogical approaches in their teaching profession. Besides this, student assessment, community service initiatives, and research sharing of best practices are also emphasized by NEP 2019.

Teacher education is vital in developing an inspired teacher that will shape the next generation. Regular and best practices are to be followed in all teacher education institutions to cultivate and inoculate basic needs such as traditions, Indian values, languages, ethics, and content knowledge.

The innovative aspects of Value-Added Courses, School Internship Research, Online Meditation, TET Classes, Film club activity, Community Skill Development, and Research Circle for Faculty are being followed in our college and effectively implemented every year. Innovative practices can always give the best result in education.

Kothari Commission has very rightly said, “The destiny of India is being shaped in this classroom.” As the population in India is growing very rapidly day by day the need for the well of well-qualified and professionally trained teachers will also increase in the coming years. So, lots of efforts should be made to improve teacher education. Teacher education is a continuous process and its pre-service components are complimentary to each other. Education is instrumental in the preparation of teachers who can in their practice ensure transformative learning, where teacher and learner, learner and learner are co-constructors of knowledge.

Today there are new expectations for education where the focus is on having teachers- be futurist leaders to ensure sustainable education. The paradigm shift is from teacher-dominated classroom practices to that of a partnership between the teacher and the learners and their peers. The key role of educational institutions is reflected in a variety of initiatives taken to transform the nature and function of education formal as well as non-formal. University accessibility to quality education is considered essential for development. This has necessitated improvement in the system of teacher education to prepare quality teachers.

The role of the teacher is shifted from the traditional role of that of a coach, advisor, and facilitator of students’ learning” (Blackie, Case & Jawitz, 2010). Educational researchers more or less did play well in educational philosophers in revealing the qualities of a good teacher and teaching. A plethora of research work is available in this connection (McGreevy, 1990; Kanan and Baker, 2002; Dinham, 2006; Darling Hammond & Baratz-Snowden, 2007; Harris & Sass, 2009).

What are best Practices?

“Best Practice” concerning a program may pertain either to a specific aspect/practice within the program or to an entire program. A “Best Practice” refers to an institutional Anthology of “Best Practices” in Teacher Education practice that exhibits characteristics of a quality teacher education program or contributes to the overall quality of the program.

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Best practices are an inherent part of a curriculum that exemplifies the connection and relevance identified in educational research. They interject rigor into the curriculum by developing thinking and problem-solving skills through integration and active learning. Relationships are built through opportunities for communication and teamwork. Best practices apply to all grade levels and provide the building blocks for instruction. Best practices motivate, engage, and prompt students to learn and achieve. Students who receive a balanced curriculum and possess the knowledge, skills, and abilities to transfer and connect ideas and concepts across disciplines will be successful as measured by standardized tests and other indicators of student success. Four best practices for teachers include teaching a balanced curriculum, teaching an integrated curriculum, differentiating instruction to meet individual student needs, and providing active learning opportunities for students to internalize learning. There is a wide variation among countries about what they believe constitutes an innovation, reform, or development in the teaching-learning process. For example, the use of colored chalk and basic audio-visual materials may be regarded as being an educational innovation in some developing regions, whereas in other more affluent countries innovations may refer to the development and use of sophisticated technologies and methods, practices, etc. in our country also this electronic technology has dramatically penetrated every area of our society and every aspect of our social and cultural lives. Today's children have grown up with remote controls and they spend more time on computers, the internet, playing video games, etc. than reading books; even toys are now filled with buttons and blinking lights. In such a condition, it is very important to form on "How can we educate this New Generation?" To answer this, a supportive environment, one in which they can create their ideas; both individually and collaboratively, must be provided. It is a promotion of new ideas and practices in education and training. There has been a tremendous shift in the ways and means of education services over the years.

Darling-Hammond (2006) "One of the perennial dilemmas of teacher education is how to integrate theoretically based knowledge that has traditionally been taught in university classrooms with the experience-based knowledge that has traditionally been located in the practice of teachers and the realities of classrooms and schools".

Best Practices for Teachers

This paper excerpts a report based on the National Academy of Education's Preparing Teachers for a Changing World: What Teachers Should Learn and Be Able to Do, which summarizes research on learning, teaching, and teacher education. Prospective teachers are also very great in their knowledge and skills before they enter preparation.

Book Review

According to the New Education Policy, the concept of Inspiring lessons from the literature will create Innovative and perspective people. A book review is a form of literary criticism in which a book is merely described or analyzed based on content, style, and merit. A successful book review includes a summary of the book, background information about the author and topic, and an evaluation of the content. Book review helps to inspire students to do hard work with courage and hope. They enrich the experience of readers and sharpen their intellect.

Book review presentations can be introduced and implemented in every college to develop the reading skills of all types of learners. Usually, faculty members ask to select any motivational book and present the content regarding the author, highlighting the bookend published details. This book review session should be conducted every month.

for researchers and practitioners where they can exchange views from their respective perspectives. The participants themselves interpreted and acquired knowledge without any helping hands. So, the research circle will create a research attitude toward the faculty members.

Research Circle

The B.Ed. the level itself, research can promote among student teachers. Student teachers may ask to research during internship teaching practice. A Research circle is a study circle in which one or more researchers participate. The research circle is thus a forum

Value Added Courses

NEP 2019 focuses on value-added courses to be provided by the Institution to the students to develop their skills in their chosen field of study. They are mostly independent of each type of field. The Value-Added Courses aim to provide additional learner-centric graded skill-oriented technical training, with the primary objective of improving the employability skills of students. Classroom Technology, Library Management, Health Education and Nutrition, Guidance and Counselling, and Physical Fitness courses are initiated by our college.

School Internship Research

An internship is essential for all students, especially for student teachers. A school Internship is a work-related learning experience to develop hands-on experience in an occupational field. The purpose of the research is to create a research attitude and develop originality in their subject. So, internship research is mandatory for all learners. Before starting the internship school teaching practice, orientation should provide the research and research methodology to the student teachers. From this orientation, students will learn the steps involved in the research. Students can do the research either individually or in groups. Research tools must be available in a college library. Students should utilize the research tools. Students can get constant guidance and clarification from the faculty at the time of the school visit. Thus, they can do their research at a fundamental level.

TET Classes

In reflection of NEP 2019 in the head of Career Support for teachers, TET classes may be arranged for the student teachers. The Teacher Eligibility Test, popularly known as TET is the common test conducted to recruit teachers in government-run schools across India. TET is the state government-conducted recruitment test for teachers and is conducted under the Right of Children to Free and Compulsory Education Act, of 2009. So special coaching classes must be arranged to prepare the student teachers to qualify for the TET exam.

Online Meditation

According to NEP 2019, emotional support is to be provided to the students to balance the emotional aspect of the individual. For this purpose, meditation is to be provided for the students. Meditation is a habitual process of training the human mind to focus and redirect our thoughts. We can use it to increase awareness of ourselves and our surroundings. It also helps to reduce stress and develop concentration. Multiple studies have shown that meditation can help reduce levels of depression and anxiety. Every institution should concentrate on including ethical practices in the curriculum. In the fresh morning, meditation will be started. Class sessions and outdoor projects are also to be provided in this meditation. Class lectures from scholars and Professionals can be handled online. The main topics are

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Attitude Building, Building Self-belief, Communication Skills, Effective Inter Personal Skills, and Team Effectiveness. Besides, practical sessions on Relaxation techniques and Rejuvenation techniques give more value to the students. Continuous online assistance will strengthen the meditation program successfully.

Film Club

The club activities can be implemented in every Institution. The main function of the film club is to screen the film to the students and review the main theme of the film. The functioning of the film club should focus on educational and moral value-related films. At the end of the film, there should be a review of the film. The students should be asked to prepare a detailed report regarding the film review. Thus, observation and critical skills can be developed in the students.

Community Skill Development

The community offers diverse programs for the citizen. Every institution starts a variety of activities to serve the community. The main objective of the program is to develop cardinal relationships between students and society. Creating an awareness program in societal activities will develop community skills in students.

Personal Qualities of Good Teacher

A good teacher is a motivator: - A good teacher encourages students, give students appropriate reinforcement. The term lovingly reflects an emotional aspect of a good teacher. A good teacher looks after his/her students and motivates them by using verbal and non-verbal reinforcement. About 67% students mentioned that a teacher was a good because he or she always motivated them. Some students reported about their good teacher as: "...always encourages me to best in my studies and always tell ne nice things around the world which motivates me".

CONCLUSION

NEP 2019 will help students to develop a scientific temper from a young age. The NEP aims to make it easier to set up new quality higher educational institutes which will be at par with global standards. Educational institutions should initiate the above activities for the welfare of the students and society. Every institution must establish innovative practices at their convenience for the development of student teachers. It will reform the future of teachers and educational institutions across the nation.

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Conflict of Interest

The author(s) declared no conflict of interest.

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