

An Effect of Marital Compatibility among Married Couples

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ABSTRACT

Marriage is one of the oldest contracts of human beings, it always makes people happy, ensures character development, and enables people to choose people at least once in their lives. The Importance of Marriage Today, Discovered by Psychologists and Counselors. People with chronic physical and mental illnesses suffer from physical, cognitive and behavioral impairments. Undoubtedly, the spouse of a disabled person has a good relationship with the patient and has a good intellectual, verbal and social relationship with the patient. Many studies show that married couples suffer the most if their marriage is unsatisfactory or the relationship is inappropriate. The purpose of this study is to analyze an effect of marital compatibility among married couples in India. It also aims to explore an expanded approach to married couples compatibility effect. It is necessary to consider the Issue of compatibility of married couples who need such attention. This study aims to focus on to analyze an effect of marital compatibility among married couples when they can be exercised. This research work is primarily a socio-legal analysis. This study mainly analyzes the primary data to analyze the relationship between married couple research methods are used to gather information about pre-existing conditions. During data collection, method selection and design are continuously revised based on ongoing analyses. A qualitative research method was also used in this study. The total sample size selected for this study is 200 married couple. Using a convenience and purposive sampling the data was collected keeping in mind different variables such as age, residence and educational level. The data is collected from the urban and sub-urban areas of the Gujarat state. Marital compatibility Scale use to measure of understanding, forecasting, and assessing the quality of marriage on the following psychological attributes necessary for successful marital life: Communications Skills, Flexibility, Mutual Respect, Tolerance, and handling of marital conflicts. Age: 21-69 years. Location of the couple did not show any significant association with marital satisfaction levels in couples of marriages of choice which indicates couples living in urban areas showed higher marital satisfaction levels might be because of availability of resources for the couple to lead a healthy lifestyle. A positive significant association was observed between education at 0.05 level and marital satisfaction levels. From the data it is evident that husbands and wives who have completed their gradation showed higher marital satisfaction levels compared with other couples. Higher educational levels may increase the communication skills, emotional intelligence, values and shared goals, problem-solving abilities, stable financial situations which impacts the marital happiness.

Keywords: *Marital Compatibility, Married Couples*

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Received: December 03, 2024; Revision Received: December 07, 2024; Accepted: December 12, 2024

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Marriage is one of the oldest contracts of human beings, it always makes people happy, ensures character development, and enables people to choose people at least once in their lives. The Importance of Marriage Today Discovered by Psychologists and Counselors. People with chronic physical and mental illness suffer from physical, cognitive and behavioral impairments. In such mental disorders the patient's selfcare, personal relationships and work are greatly affected.

Therefore, they need permanent care and help from society to adapt and live a good life. In fact, disability refers to a person whose physical or mental health is temporarily or permanently impaired, who has lost the ability to establish personal and daily family and relationships; cannot survive without help or special support and care. In other words, disability has many consequences due to serious and permanent problems that cause limitations and many psychological and social stresses for oneself and one's family. Undoubtedly, the spouse of a disabled person has a good relationship with the patient and has a good intellectual, verbal and social relationship with the patient. Many studies show that married couples suffer the most if their marriage is unsatisfactory or the relationship is inappropriate.

Similarly, in a survey of counselors at 100 hospitals, the most common problems reported by female Vietnam veterans were depression, treatment pressure, relationships, and disappointment in their lives., Responsibility, stress, loss of self, Loss of life and self-blame. After comparing veterans' spouses with normal spouses, Amir and others found that veterans' spouses experienced severe psychological distress and suffered from hysteria, hypochondriasis, and depression. In another study, Babae et al. Using the Marital Satisfaction Survey and GHQ (4), 183 women (including 93 women with spouses) in Mazandaran province were evaluated for overall health and wellbeing of Iranian women married to veterans and nonveteran women. Marital satisfaction was compared with 90 women who were in war and whose partners were not involved in the war). This means that couples can enjoy their lives together more when they are in good health, so physical and mental disabilities can have serious effects on the relationship and marriage between the two parents. Having a healthy family is important for all physically disabled people, more efforts and strategies are needed to protect them from the stress, anxiety, possibly torment and all around play in their lives habitat. This situation is necessary for human dignity in society because disabled individuals do not have the ability to move in daily life and may experience problems in their marriages due to poor lifestyle. This is especially true if both partners (husband and wife) have mobility damage.

Considering that there is no research to evaluate the marital satisfaction of these couples, this study examined two cases of disabilities and compared them with couples without any disabilities. A great debate rages in most marriage studies about the quality of marriage, especially in Western contexts United States. In recent years, however, there has been a growing interest in the quality of marriage in terms of its factors and meanings for well-being in non-Western contexts. Due to the significance of marital quality, there is also an enormous literature that investigates its factors, including variances in the experience of marital quality by ethnicity and gender. The importance of marriage stems from the fact that it directly affects the stability and success of the relationship. It shows that a healthy marriage depends on the couple's ability to agree on important issues that affect their life together, share interests and activities, and express love for each other. Additionally, prenup is viewed by some as the couple's ability to resolve many conflicts in their married life.

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The relationship between spouses leads to marital satisfaction when the physical, emotional and social aspects of the two partners are met. It is the result of the relationship between the two parents and is an expression of the relationship and relationship between them. However, due to the rapid development of social, economic, political and religious relations, couples will face many problems, which will lead to conflicts. There are many financial problems, emotional and emotional problems and bad behaviors that affect this relationship.

Objective of the Study

The purpose of this study is to analyze an effect of marital compatibility among married couples in India. It also aims to explore an expanded approach to married couples compatibility effect. It is necessary to consider the Issue of compatibility of married couples who need such attention. This study aims to focus on to analyze an effect of marital compatibility among married couples when they can be exercised.

RESEARCH METHODOLOGY

This research work is primarily a socio-legal analysis. This study mainly analyzes the primary data to analyze the relationship between married couple research methods are used to gather information about pre-existing conditions. During data collection, method selection and design are continuously revised based on ongoing analyses. A qualitative research method was also used in this study. This method analyzes qualitative factors for which there are no standard indicators, such as behaviors, attitudes, opinions and beliefs in the institutional realm. During the study, the researchers also analyzed case law.

Sample size and distribution:

The total sample size selected for this study is 200 married couple. Using a convenience and purposive sampling the data was collected keeping in mind different variables such as age, residence and educational level. The data is collected from the urban and sub-urban areas of the Gujarat state. Before collecting the data, the objective and purpose of the study was explained to the identified respondents. Utmost care was assured to them that the collected data would be used for educational purpose only and hence the confidentiality will remain intact. After receiving the consent from the identified respondents, each set of questionnaires' along with response sheet was given to them on three different consecutive days. To ease out the questionnaire was also converted into local language (Hindi and Gujarati). Some respondent even asked to help in filling up forms so the researcher was present with them entirely during the time of data collection.

C (Educational level)	(A1) 0 to 7 years		(A2) 7 to 15 years		Total
	Residence (B)				
	B1 (Rural)	B2 (Urban)	B1 (Rural)	B2 (Urban)	
C1 (Below 21 years)	25	25	25	25	100
C2 (Above 21 years)	25	25	25	25	100
Total	50	50	50	50	200

Statistical Calculations

- Descriptive statistics (Mean, Median, Std Deviation)
- Inferential statistics – Three-way analysis of variance (ANOVA)

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Measurement tools

- Marital compatibility Scale by N K Chaddha & Vandana Chopra.
- This measure of understanding, forecasting, and assessing the quality of marriage on the following psychological attributes necessary for successful marital life: Communications Skills, Flexibility, Mutual Respect, Tolerance, and handling of marital conflicts. Age: 16-69 years.

RESULTS AND DISCUSSION

The results we observed showed no significant association in age of the couple and marital satisfaction level. Irrespective of age couples in age range of 21-30 years showed higher marital satisfaction levels.

Reported that significant relationship was not found between marital satisfaction, age, education levels and courtship. Location of the couple did not show any significant association with marital satisfaction levels in couples of marriages of choice which indicates couples living in urban areas showed higher marital satisfaction levels might be because of availability of resources for the couple to lead a healthy lifestyle.

A positive significant association was observed between education at 0.05 level and marital satisfaction levels. From the data it is evident that husbands and wives who have completed their gradation showed higher marital satisfaction levels compared with other couples. Higher educational levels may increase the communication skills, emotional intelligence, values and shared goals, problem-solving abilities, stable financial situations which impacts the marital happiness.

No significant association between occupation and marital satisfaction in husbands and positively significant at 0.05 level in wives of marriage of choice. This implies that couples in private and government jobs were satisfied than unemployed, unskilled, skilled, business and home makers. Financial stability strengthens the marital relationship.

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Acknowledgement

The author(s) appreciates all those who participated in the study and helped to facilitate the research process.

Conflict of Interest

The author(s) declared no conflict of interest.

How to cite this article: Bhadoriya, S.V.S. (2024). An Effect of Marital Compatibility among Married Couples. *International Journal of Indian Psychology*, 12(4), 1934-1938. DIP:18.01.185.20241204, DOI:10.25215/1204.185