

Research Paper

Factors Affecting Career Interest of Adolescent Boys and Girls

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ABSTRACT

Education is supposed to develop an integrated human being and to prepare young people to perform useful functions for society and to take part in collective life. But when the society is changing from day today, it is difficult to know how to prepare and what to aim at. Jawaharlal Nehru (1956). The main objective of the study was to identify factors influencing the career interest of adolescent boys and girls in their professions. As in the study the sample of 30 has been taken for the study (8 girls and 7 boys) total 15 adolescents and 15 samples of parents. I have included them in the study as my area of concern is to know career interest of adolescent girls and boys. As they transition from adolescence to adulthood teenagers may begin to feel unsure or insecure about them and how they fit in the society as they began to experiment with various positions, habits and behaviours as they tend to develop self. Why do I select adolescents as they are very much influence by their peers in this era and some are even actively following their parent's ambitions and expectations what their parents want them to become. The career interest survey Google form was made. The parents and students interview schedule was developed and used for data collection. With assistance of pie charts and graphs analysis and interpretations were made. Results show that 12% out of 15% in relation to parental income, occupation and education of parents and peer pressure choices there is no shift in the career interest of adolescents. They are sufficiently mature to make choices about their career interests. I have concluded that it depends on how much bond of understanding between parents and adolescents as I got to know that parental support, financial income and how much they have confidence in their child's interests and ambitions play a very important role when interviewing both parents and adolescents. Some Parents just want to pursue their goals and ambitions with their children. All the things are mentioned in report. It is recommended that career decisions can be made with assistance of a career counsellor and with the help of parent's support and also with career decision- making. Further research can also be done on how school plays a crucial role in shaping the career and how teachers shape the child.

Education is supposed to develop an integrated human being and to prepare young people to perform useful functions for society and to take part in collective life. But when the society is changing from day to day, it is difficult to know how to prepare and what to aim at." Jawaharlal Nehru (1956)

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He highlighted the stage of “Identity v/s Role Uncertainty” those teenagers are the age group (12-19) years in which they discuss “who am I? What am I capable of being?” studying the career desires of secondary students is the strongest age group. Teens may start to feel uncertain or uncomfortable about themselves and how they fit into society as they transition from childhood to adulthood. Teens will experiment with various positions, habits and behaviours as they attempt to develop a sense of self. This is crucial for the process of establishing a clear identity and creating a sense of direction in life, according to Erickson. Most teenagers strive to see which one’s suit along the way; they pursue various position sand concepts, set goals and try to find their “adult” selves. In addition, teenagers have a broad range of professional maturity, preferences, skills and ambitions towards their target. Secondary education is a good time to start encouraging students to engage wide range of activities. High school students need guidance and opportunities to pursue their professional interest in this regard. The concept of a career or choice of occupation begins right from the time children indulge in pretend plays as a doctor, teacher and other professionals they see want to become when they are older. Although this process starts early, actual planning and decision-making start in adolescence, the period between 13 and 18 years. It is a key developmental period characterized by several biological and psychological changes and requires the successful resolution of specific tasks like identity achievement. It is a stage where they struggle to find a balance between obedience and independence. Along with other skills, an adolescent need to develop adequate decision-making skills as several important decisions that will have an impact on their future will be taken in this period.

Keywords: *Parenting styles, Adolescent Career choices, Parents influence, Peer influence*

Google tells us that the meaning of word vocation as a strong feeling of suitability for a particular career or vocation. And vocational interest is the interest towards this suitable career or occupation. It is always said that finding perfect job is never easy, but to decide about the choice of that job is far more difficult. All the peoples are not doctors or engineers nor do they want to be. There are various factors that which guides a person for their choice of vocation. Characteristics likes or dislikes a person has regarding different occupations or types of work, usually conceptualized as a small set of basic dimensions and these dimensions are called vocational interest. The right choice of vocations will bring in best in individual consequent to which he will be happier with in himself.

It depends upon many factors such as financial constraints, parenting styles and also should they follow their dreams or continue with their parent’s profession.

For example: -A teenage father wanted to become a computer engineer, but his cherished dream could not be fulfilled due to financial constraints. Now the father is over-ambitious about his son that he can cherish his dream without understanding the child's abilities. Now, as his father's world revolves around him, the child has to satisfy his father's ambitions. Dreams for children lie elsewhere. Child has been writing in college as well as directing plays. He would like to be able to pursue his excitement and his professional interest in which he will succeed. "The question now comes to the mind of the son that" should he follow the footsteps of his father or should he wait for his son to fulfil his aspirations and ambitions. Parents must also recognise that children cannot pursue the expectations of their parents because of financial restrictions or because of their profession and education. In one way or the other, every person is creative and talented. Finding out where one's interest lies is not even hard. There would certainly be more interest in drawing assignments than in division or multiplication and vice versa for a child who is prone to sketching. Children should always be

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encouraged to succeed in the area of their own choosing, because success in life is profoundly rooted in desires and interests.

All it depends on different parenting style given by Diana Baumrind clinical psychologist identified three parenting styles: -

- **Authoritarian parenting:** - where parents are high on control but low on warmth. Authoritarian parents are seen to be restrictive, rule-bound, disciplinarian and place importance on perceived control rather than on autonomy. They insist on unquestioning obedience and may be punitive. Example being an authoritarian parent you are more inclined to tell not to ask your child to perform specific task without explanation there are 'no ifs and buts' and resistance is met with certain punishment. Authoritarian parent just wants their adolescent child to follow their instructions as they say which means if they want their child to be doctor and engineer, they just want them to follow without holding any debates with their children.
- **Authoritative parenting:** - where parents are high on control and high on warmth. There is balance between clear expectations and control. Autonomy and discussion are valued along with optimal amount of control. Parents are stable, clear and there is freedom for decision making within boundaries and limitations. Examples imagine that parent who would like to help their child to follow their passion and aspirations in life. If the parent is acting in an authoritative mode they talk to their child about their passion. After listening to their child opinion, they understand and decide whether it is good option for them or not. They ask their child how they can help them to provide various resources so they can start follow their passion and achieve success in life.
- **Permissive parenting:** - are seen high on warmth and low on control. Lack of behavioral control by parents is seen, and children regulate their own behaviours. They are non-punitive and non-controlling. Example there is situation where being permissive parents, they know that their child is not following their aspirations and passion they become so easy that even though if they don't like decisions made by their children, they as a parent don't impose any punishments on their child. They as a parent don't want to discuss what is good and bad for them.

Phrase by Neues Wiener Tag blatt from the book How to understand and help adolescents by Geeta Chadha.

A SON SPEAKS....

At eleven years:

"My parents are grand. They know simply everything."

At sixteen:

"Really and truly, my parents are not quite so grand as I used to think. They don't know everything."

At nineteen:

"Although my parents think they are always right, they really know very little compared with that I know already....."

At twenty-two:

"My parents do not understand young people; they have nothing in common with the young

Generation."

At thirty:

“To tell the truth, my parents were right in many things.”

At fifty:

“My parents were wonderful people.

They had a clear mind and always did

The necessary thing at the right moment

My beloved parents “.

Relevance of this quote in relation to adolescent age: -

The age at which they think parents don't understand them is teenage. Teenagers claim that parents only want to force their wishes and often equate them to others, creating resentment and merely fostering jealousy between parents and them. Adolescents have begun to believe like they have little in common with their parents. They think that there are parents right in many things at late adulthood during the 30's, which basically means that teenage age is the main thing where they need awareness and parental support.

Choice of career

Traditionally, the career choice of individuals in this country followed a hereditary pattern, as dictated by the 'Varna' system. A farmer's son became a farmer, a tradesman's offspring followed the same trade, and warriors developed their next generation to pick up arms, while a priest groomed his son into priesthood. However, this system has slowly changed during the present century due to universal is a town of education and opening up of newer opportunities. Though the hereditary lineage of profession still exists in rural set up and also in the mind set of many Indians, the social rigidity for the same has reduced considerably. The most important factor that affects the vocational interest of adolescent boys and girls is the parental pressure that if they are not successful in their aspirations and ambition, they want their children to fulfil all their unfulfilled desires and ambitions. Income stability plays very important role. Some parents provide their adolescent children all facilities and do not leave a single tone unturned from school classrooms to regular coaching classes. Adolescent peer group is a very important factor that affects the choices made by an individual. One of the primary social factors influencing career decision making is the peer group. The Peer Outside the viewpoint of the member, groups have viewpoint. In the social system, participants of peer groups also learn to establish relationships with others. In order to teach other members customs, social norms and distinct philosophies, peers, particularly group members, become significant social referents Sherriff & Sherriff (1964); Youniss & Smollar, (1985). Peer pressure can vary from positive to adverse consequences, such as job determination and indecisiveness. The people we associate with are essentially peers of the same general age and educational level. What peers assume started to influence attitudes during puberty, when girls and boys tend to spend less time at home, less time with parents, and more time with friends and associates, depends on adolescents to adolescents. Often teenagers are so concerned with their peer career choices that they only pick that career without realizing that they should do it according to their abilities or not.

Concept of Career Development

Choosing a career is undeniably a very crucial decision in an individual's life. Career development is a part of one's overall development and is a continuous process. Selection of school for a child is one of the most important factors since school plays a crucial role in shaping the child's personality, building its character and giving it a direction for the future. School is place where child spends at least 14-15 years i.e., the active part of its life. The school environment involves child's contact and interaction with the principal, the class teacher, subject teachers, classmates and friends. Each and every individual influences the

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child's mind in one way or the other. During adolescence, the general school environment, attitude of teachers, education system and the various positive and negative aspects connected to all these factors are mainly responsible for a number of changes in behavioural patterns.

Need of the study

Researches and studies in the field of factor affecting career interest of adolescence boys and girls are important. Vocational interest can be described as one's own pattern of skills, likes and dislikes of preferences, favoured in any way, wisely or unwisely by oneself or another source of vocational field or vocation provided. Therefore, the existing record is to assist students by making wise choices to conform to careers / jobs / vocations. The students would only be able to use all their possibilities to the fullest degree by making the right decisions. Other considerations include family income in making right career decision, whether parents are supportive of career decisions, whether or not the course or path they want to take is affordable or not, whether or not they have made career decisions because of peer pressure, whether or not are they are fairly mature to take decisions about their career. As study revolves around factor affecting vocational interest of adolescence boys and girls it helps us to focus on the following points:

- To evaluate the present level of career maturity of both adolescent girls and boys.
- To find out what's important in relation to parental education, income and occupation diversity, the disparity in interest in various career areas of adolescent girls and boys.
- To see how peers play a major role in making career choices.
- To provide them solutions to follow or pursue their career aspirations and ambitions.

Research questions

- How the parental support, financial constraints play an important role in career interest of an adolescent?
- How much they are influence by peer career choices of career?
- How parenting styles affect the career interest of the adolescent?
- What solutions can be given so that they can pursue their ambition in future?

Role of educationists and social environment

Various studies done by different author's shows that if proper vocational guidance is given to students on the basis of their interest in a specific vocation, they can use their energies in right direction and thus increase the productivity. (Majumder, 2014). Hence the study of (Asma Shahid kazi, 2017)) is almost same as of this study shows that adolescent's career choice is one medium by which the goal purpose of their lives can be fulfilled. The career choice that adolescents make is as decision that is not only shaped by growth, but also by the context in which they live. The school atmosphere is a powerful force and plays a crucial role in the child's all –round growth. Children in developing world spend a lot of hours in school. Therefore, the effect of the school environment on vocational environment seemed to relatively new area of enquiry. (Sharma, 2016). An educator is someone who works within the education system in a variety of roles and responsibilities that promote teaching, learning, evaluation among others. This literature is related to my study area as social environment and educationist play very important role in shaping up the career interest of an adolescent and also child over- all growth.

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Different parenting style affects career interest

Study aims that parental encouragement and intervention were positively related to self – efficacy in career decisions, while lack of involvement was negatively related to self-efficacy in career decisions. As well as this, it was found that students who made their final career choice scored high on career decision self – efficacy. There was no gender gap in parental support and interference; however, it was found that boys appeared to have less parental involvement in their decision making compared to girls. (Ustinaviciute, 2014). Parents have power and ability to shape, maintain and grow their child’s career growth through their parenting styles and have direct effect on their career.

Career interest influenced by peer choices

It is proposed that teachers and parents should concentrate on fostering positive peer pressure among teenagers and strive to keep their homes away from the negative effects of peer pressure it will lead to successful career choices. (Amandeep kaur, 2020).

Interventions to follow

Adolescent vocational aspirations are not inherently affected by their parental level of education. Teenagers are well disposed of vocation of their parents. Interventions that involve the position of guidance counsellors in helping children understand their potential should not be overlooked, and children should be able to follow their career choices. (Jambo, 2014).

SAMPLE AND METHODS

Aim:

To understand what are the factors affecting career interest of an adolescent boys and girls.

Objectives of the study

- To evaluate the present level of career maturity of both adolescent girls and boys.
- To find out what’s important in relation to parental education, income and occupation diversity, the disparity in interest in various career areas of adolescent girls and boys.
- To see how peers play a major role in making career choices.
- To provide them solutions to follow or pursue their career aspirations and ambitions.

Area of study

The population of the study will be from West Delhi, as it is convenient to conduct the study.

Sample size & selection of sample

- A sample size of 30 respondents comprising of 15 are adolescent boys and girls which means (8 are adolescent girls and 7 are boys) and 15 are parents. As a teenager, they begin experimenting to be acceptable in society as the best age for doing experiments and time of identity creation.
- Purposive sampling technique will be used.

Sources of data

Secondary data was collected through various sources as interview schedule for both adolescent and parents were made to collect the responses and Google form of career interest were made in which adolescent can opt more than one option for their career and pursue in future.

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Description of tools

Interview schedule for adolescents

Interview questions has been made to ask about general information, favourite subject they can study for hours, about their daily routine, passion they want to continue in future, options they have in their mind which they can opt as a career, about their parent support towards their career and highest qualification they want to achieve in life.

Sample questions:

- What is your name?
- In which school and grade, you are studying?
- Are your parent's working?

Interview schedule for parents

Parent's interview has been made to know their concern about their children aspirations and goals, they were aware of the course or passion their children want to pursue, career advices would you like to give your children and are helpful in taking career decisions.

Sample questions:

- With whom am I taking interview?
- What is your and your spouse qualifications?
- Are you aware of your child's passion?

Career interest survey for students

Via Google, career interest survey was conducted to know in which school they were, how much they were affected by the career choices of their peers and many preferences were given in the form to know how many choices they made for career.

Factors affecting career interest of adolescent boys and girls

section-A

How to indicate your answer: Your task will be to find out the answer which suits best in case and in some questions you have to write the answers. Information given by you will be kept confidential .

Demographic information(Required)

I am ready to participate in this particular research, I am aware that the information provided by me will be used for study purpose only

Multiple choice

yes

NO

Add option or [add "Other"](#)

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Age *

Short answer text

Gender *

Male

Female

Prefer not to say

School Name *

Short answer text

School Board and Class *

Short answer text

Career Interest Survey

In order to choose a career that give you personal satisfaction, you must spent some time thinking about what really interests you. This activity help you match your interests to different types of careers. you can select as many options as you want from particular alphabet and also you can skip the alphabet if you doesn't like any option.

A

Operate a Printing Press

Sing in a concert

Write for a newspaper

Design a book cover

Act in a TV show or movie

Play an instrument

Choreograph a dance

Teach a dancing

Broadcast the news

Paint a portrait

FINDING AND DISCUSSIONS

Table no- 1 selection of adolescent on the basis of age and school

Sample of 15 adolescents are collected from west Delhi as it is very near to my place as it is difficult to approach the students from different zone in covid situation. Out of 15 (8 are girls and 7 are boys). Table shows that data collected on the basis of which school they are studying and what are their age. About 4 adolescents are of 16 years of age, 5 are of 17 year of age and other 5 are of 18 years of age. 5 are of Hans Raj Model School, 3 are of N.C Jindal Public School, and 2 are of St. Marks Public school, 1 from Manasthali School, 1 from Indraprastha.

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Serial number	Name of school	Age group
1.	Holy Child School	16 year
2.	Hans Raj Model School	16year
3.	Hans Raj Model School	16year
4.	N.C Jindal Public School	16year
5.	St. Marks Public School	17 year
6.	Joses and Marry School	17 year
7.	Hans Raj Model School	17 year
8.	Manasthali School	17 year
9.	Indraprastha Public School	17 year
10.	Hans Raj Model School	17 year
11.	N.C Jindal Public School	18 year
12.	St. Marks Public School	18 year
13.	Indraprastha Public School	18 year
14.	Hans Raj Model School	18 year
15.	N.c Jindal Public School	18 year

Table no-2 professions of parents

Sample of 15 parents has been selected to give interview. Table shows that more of female parent is being interviewed as male parent is working. Out of 15 parents we can see the status that 11 parents are working and 4 are non-working. Only from west zone the parents of adolescent have been selected as it is not possible in covid to approach the parents from another zone. From the table we can see how many parents are working.

Profession of parents	Working /non working
Female	Working as a teacher
Female	Non- working
Male	Working as an engineer
Female	Working as doctor
Female	Working as doctor
Female	Non-working
Female	Working as a teacher
Female	Non.working
Female	Working as principal
Female	Working as a doctor
Male	Working as an engineer
Male	Service man
Female	Make up artist
Female	Non-working
Female	Dietician

Figure: 1 Adolescents who want to continue parent's profession

60% of adolescents do not want to choose their parent's occupation because they have their own dreams, passions and philosophies for the future. Everyone has their own interest as a passion to pursue in which he/she wishes to succeed. 40% of adolescents choose to their parent's profession as they observe that their parents are financially secure in their profession.

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Do you want to choose your parent's profession

14 responses

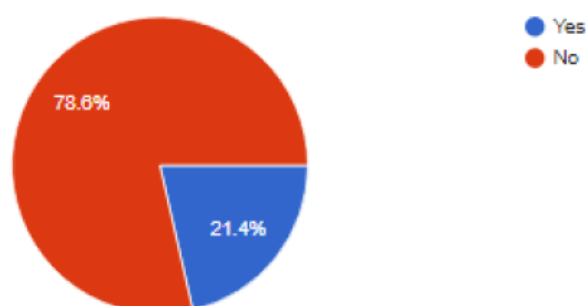


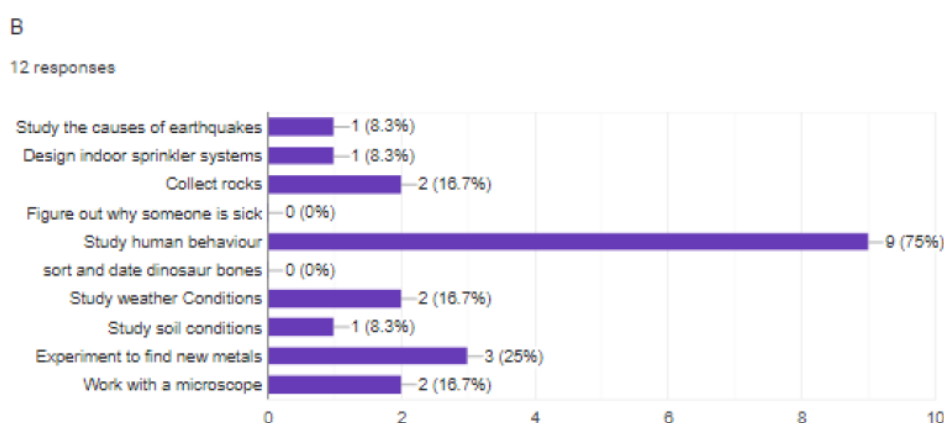
Table number: - 3 Reasons sited by adolescents who would not like to pursue their parent's profession

Table shows the different responses of respondents who want and don't want to continue their parent's profession in future. It simply shows that majority of adolescents have their own reasons that why they doesn't want to continue their parent's professions as some of them wants to continue their passion, some wants to pursue their own business and some have aspirations in their mind which they want to pursue in future. Only 7 adolescents want to pursue their parent's profession as they thought that their parents are earning really good. Rest of them wants to continue their parent's profession.

Respondents	Reasons sited by adolescent about their parent profession
Respondent 1	I have my passion and dreams to pursue.
Respondent 2	As my father is earning good as a doctor I will also become doctor.
Respondent 3	As my mother is teacher I don't want to become teacher as I don't have so much patience to teach children.
Respondent 4	My father is a business man and he is earning really good I will also do my own business
Respondent 5	I will continue my mother profession as she is dietician and she is earning really well.
Respondent 6	By hearing the experiences of my parent profession I don't want to continue their profession as it is very hectic whole day.
Respondent 7	I have my own passion to continue and want to become successful in that.
Respondent 8	I belief that I am person who have their own wishes and plans in mind.

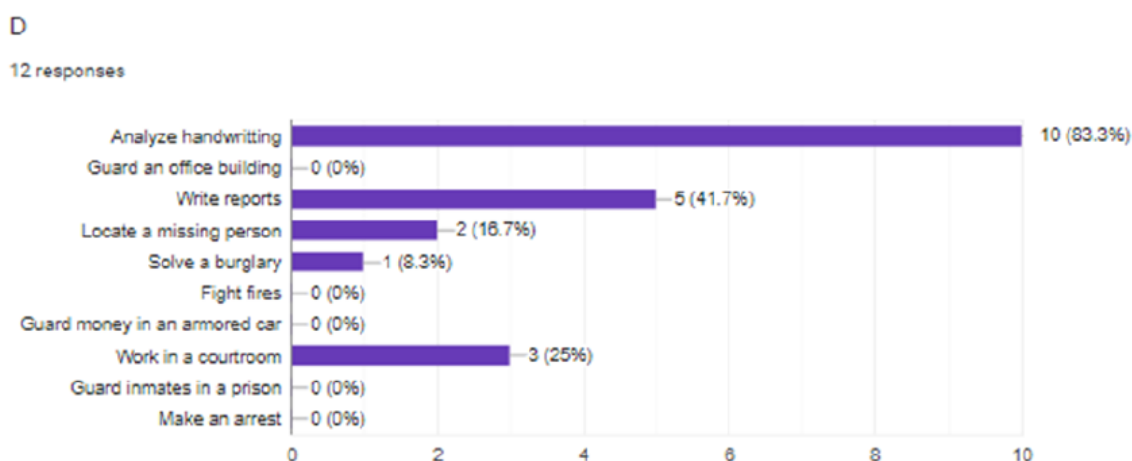
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CAREER INTEREST SURVEY RESPONSES



Graph: 1 Career related to (science, technology, engineering and mathematics)

This bar graph B depicts that 75% of adolescents are involved in exploring, problem-solving, gathering and evaluating knowledge and applying their results to science, mathematics and engineering issues. This means one can become an aerospace engineer, geographic, oil engineer, mechanic, meteorologist and safety engineer. It shows that adolescent has more than option in their mind.



Graph: -2 Career related to (law, public safety, corrections and security)

In response D bar graph depicts that 83.3% of adolescents are interested in legal and property services. It means one can become a correctional officer, a court clerk, a detective and an investigator, a fire fighter, lawyer and a judge.

I have taken most of the interview with mother as father is working. Some of them are businessmen and some are service men. Among 15 parents 12% of them are aware of their child passion and abilities and helping them to excel in their career. They are motivating their children for small achievements as one of the parents has shared their experience that their children have interest in helping out sick people giving them medicines and explaining the pros and cons of that medicine by seeing their passion towards helping out people, giving them medicines the parents of child are providing him all resources so that he can become

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doctor or open his own chemist shop. By having discussion with mother, they said that we want our child to do best in his/her area of career interest. We don't want him/her to fulfil our dreams, we don't want that if father is an engineer, we want him/her to be an engineer. We as parents just want our child to do best and make us proud. As parents we have discussed regularly about what are the important factors of the career. And also, some parents.

share their experience that why they don't want their child to continue their profession as according to them their children are mature enough to understand. They are ready to spend money on the course which their children want to do. According to them their child will make them proud if he/she continue his/her passion.

Secondly through discussion I get to know about 3% of parents wants their children to go in profession what they like, wants their child to fulfil their aspirations and dreams which they want to when they were in adolescent age. One of the parents shared their experience that they themselves want their child to go in their profession as they said that I am engineer I am earning good that's why I want my child to do engineering. And another parent shared that they don't have resources to fulfil their child passion, dreams. That they want their children to do course which was not so expensive.

Sometimes parents don't want their child to continue their passion as sometime children wants to continue singing as a career according to them it feels like that other will think that their child doesn't have interest in studies.

I have discussion with students who were studying in class 10, 11 and 12 and in different schools example Hans Raj Model School, NC Jindal Public School, Jesus and Mary public School etc. The discussion has started with the question what is your daily routine? Everybody answer was different some of us said that when we woke up, we help our parents in household chores and then study topic more of their parent's interest which subject they want them to study. One of the children has shared her experience that she said when she wants to study English which is her favourite subject, she can study whole day English as a subject as she has made her mind that she will teach students and become successful teacher one day but her parents want her to study more of science as they both are doctors and they want her to be doctor according to them she can earn more money in profession of doctor than teaching.

She said that her parents want her to fulfil their aspirations and dreams. Girl child said during discussion that now she accepts the same and hope the same from her children that they will fulfil her dreams and aspirations and also what she wants to become.

On another side mostly students discussed that it doesn't necessary that if our parents are doctor, engineer or any other profession we need to follow the same career as of them. They said that all we can discuss that for fulfilling one's own aspirations and dreams one just need their parents support and resources for fulfilling them. As one of them has shared his experience. That he enjoys doing reasoning; apply findings in mathematics and science. By seeing his interest in this his parents have started giving him coaching so that he can follow his passion and pursue it as a career by becoming.

mechanical engineer. Parents just want their children to do mastery in their passion it makes them feel proud. By asking question what career means to you mostly students answered that if anyone wants true career success, he/she need to get clear on purpose and the direction

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where he/she want to go with work. People who are successful in career are clear about what they want from life. Also, they said that they are not interested to continue or follow their parent profession as of their passion or profession as they have their own ideologies and aspiration to follow and they themselves are mature enough to know what they want to become.

As in adolescent age as we all know peers play very important role as children give more preference to peers rather than parents. By discussing that how much they are influence by their peers they said we are not so influence by our peers. They said we have idol to follow. When asked that what helpful things done by teacher and your parents some said that to follow our passion our parents make us join the coaching so that we can continue our passion as a career, teachers provide their support to excel in particular subject what we continue in career also provide career counselling when needed so we can get clarity in our mind about different career perspective. Also, parents and teachers both provide motivation and best of resources to children. Barriers discussed by children in career are mostly they have to fulfil the career aspirations and dreams of dreams of parents, sometimes the course fee of the particular course is so high that parents can't afford and many more. They said that unfortunately if we don't achieve the career what we want to achieve it will decrease our motivation for life and we will not have any expectation regarding life then. It is very important to have purpose in life.

While taking interview adolescents gave responses that our parents become so authoritative that we need to follow or pursue what they want us to pursue as a career in life.

Adolescent said that we have made in back of our mind that when we become parents we will expect the same with our children to follow our aspirations and ambitions. On the other hand, some adolescent's parents are so benevolent and encouraging that they provide all the necessary to adolescent to follow their passion. One of the adolescents has shared her experience that her parents are so passionate and obliging about her passion in singing that they made her join singing classes so that she can pursue her passion with education.

I have also seen that they don't unlikely to choose or have same career option as of their peers. Secondly every adolescent whether girl or boy has 2-3 alternatives in mind. For stability in career there are many important factors such as financial stability, parental support, one must be aware of their interest what he/she want to pursue as a career, guidance of teacher and also 2-3 options of interest should be kept in mind. The study recommends that adolescents take into cognizance the important factors that mentioned above in study. This process will guide the adolescents.

CONCLUSION

As I have conducted my study on what are the factors affecting the career interest of adolescent boys and girls. As I have mentioned factors it includes financial constraint, parenting styles, and influence of peer choices and to see their maturity of taking career decisions. Qualitative study has been done with secondary data with sample of 15 adolescent and 15 parents by conducting interview schedule for both adolescents and parent's and Google form of career interest were made to know how many options they have in their mind and it is appropriate as they will get 2-3 options for pursuing in future.

By taking an interview of an adolescent boys and girls some want to pursue their parent's profession and some just want to continue their passion, aspirations and plans which they have in their mind. And also, by conducting interview I got to know parenting style play very

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important role in shaping up the future of their adolescent child. Some parents are so authoritative that they just want their child to follow their profession.

By taking an interview of parents I got to know some parents are so supportive that they just want their child to be successful in future. How much they are helpful towards the career of their child and shared their experiences of their profession with their child.

I have concluded by conducting study that proper guidance, support of parents, financial constraints play very important in career interest of the child as I have also observed by conducting interview that peers doesn't play an important role in career as it depends upon the adolescent how much they are influence by the peers negatively and positively both. They are mature enough to take decisions about their career as in adolescent age identity formation play very important role. And also, proper guidance of counsellor, social environment includes teacher, school and peers and parental support also plays a very important role in shaping up the future of their child.

Recommendations

Further study can be done on the basis of how personality plays an important role in shaping the career. Skills development should be matched with individual interest as well as self-efficacy. Interest and self-efficacy can be identified through employment of psychological which should be administered to every student joining institutions of higher learning. Before students are counselled on what careers they are suitable, career guidance and counselling staff should have endeavour to procure as much data as possible on a student's interests and self-efficacy. Sound education at school can open ways for career decisions. Interventions designed to assist youth in strengthening their academic self-efficacy, internal motivation, and goal-setting strategies can foster improved career choice outcomes.

Counselling for career choice is focused on helping people decide which career to pursue. Clients seeking this type of counselling are either beginning a career.

Career counselling refers to an on-going set of activities and conversations between a counsellor and a client designed to help the client (a) decide which career to pursue, (b) complete a job search, or (c) build a sense of satisfaction and achievement at work. Thus, career counsellors work with a wide variety of clients facing different career challenges. Group career counselling allows participants some of the same therapeutic benefits of individual career counselling, but also provides opportunities for discussion, support, and validation among members on the goals established by counsellor and client. The specific form career counselling takes varies depending Group career counselling represents a popular option for clients seeking help for many types of career-related issues. More specifically, group career counselling is a multisession group experience in which participants may focus on both the pragmatic aspects of career-related issues (e.g., deciding upon a career) and the members' emotional reactions to such issues (e.g., feelings of anxiety or interpersonal concerns). Counsellor-free interventions are activities in which individuals use resources other than a career counsellor to obtain and evaluate information related to career development. People participate in counsellor-free interventions on a daily basis. They might talk with others about their interests, work personalities, values, skills, preferred occupations, and career aspirations.

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Conflict of Interest

The author(s) declared no conflict of interest.

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