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To Study the Spiritual Intelligence among Post Graduate Students

Taur Anil Dilipsing¹*

ABSTRACT

The purpose of the research was to study the Spiritual Intelligence of Post Graduate Students. For the present study a total sample consisting 120 individual subjects those are Post Graduate Students of Aurangabad city in Maharashtra. There are two groups (60 Pali, Buddhism and Social Science Students and 60 High and Low Economic Status Students) ranging age between 21 to 24 years. The tools used Roqan spiritual Intelligence Test (RSIT) developed by Prof. Roquiya Zainuddin and Ms. Anjum Ahmed. For this studies following statistical techniques were used, Mean, Standard Deviation, t-test. The findings of the study are this study reveals the significant difference between spiritual intelligence of Pali, Buddhism and Social Science students and High and Low economic Status Students.

Keywords: Post Graduate Students, Spiritual Intelligence, Economic Status

The world is now moving rapidly towards a newer learning and awakening and beginning to build reliance on spirituality in varying degrees. A satisfying life can only be led through achieving a balance between materialism and spirituality. Howard Gardner defines intelligence as "The ability to create an effective product or offer a service. A set of skills that make it possible to solve problems, The potential for finding or creating solutions for problems, which involve gathering new knowledge" Wolman (2001) defined spiritual intelligence is a the human capacity to ask ultimate questions about the meaning of life, and to simultaneously experience the seamless connection between each of us and the world in which we live".

According to Stephen Covey (2004) Spiritual intelligence is the central and most fundamental of all the intelligences, because it becomes the sources of guidance for the others. Five components of spiritual intelligence are as follows:

- 1. The capacity to transcend the physical and material.
- 2. The ability to experience heightened states of consciousness.
- 3. The ability to sanctify everyday experience.

*Responding Author

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¹ Ph.D Research Scholer, Department of Psychology, Dr. Babasaheb Ambedkar Marathwada University, Aurangabad. MH, India

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- 4. The ability to utilize spiritual resources to solve problems.
- 5. The capacity to be virtuous.

Spiritual intelligence involves an array of capabilities derived from spiritual resources in line with the advancement of an emotional intelligence construct. Constructs of spirituality and intelligence are merged by SI in shaping a new construct. Outrival and superior awareness gave an implication that spirituality stands in the exploration of, and live through the holy elements. In forecasting performance, customary adjustment and generation of beneficial products or findings, spiritual intelligence brings out the power drawn on certain spiritual matters.

REVIEW OF LITERATURE

- 1. Nelms (2005) conducted a study on "The relationship between spirituality and the health of college students in a university setting". Undergraduate students enrolled in Personal Health and Wellness classes at the University of Tennessee, USA were selected to participate in this study. The sample size was 221. The researcher used a self-developed, reliable and valid instrument, viz., the Spirituality Scale (SS) and College Student Appraisal of Risks Survey (The CARS). The relationship between the self-reported level of spirituality and the health status of college students was found out. This study seems significant as it is an important step toward understanding the role of spirituality in the various dimensions of health among young adults.
- 2. Singh et al. (2010) studied that the influence of spiritual intelligence on academic achievement of adolescents with the objective to study the influence of spiritual intelligence, gender, type of school and their interaction on academic achievement of adolescents by taking cluster sampling technique and found that academic achievement of adolescents with low spiritual intelligence were better than adolescents with average spiritual intelligence; male adolescents had higher academic achievement than females; academic achievement of adolescents studying in aided schools were better than adolescents studying in unaided schools were better than adolescents studying in unaided schools were better than adolescents studying in government schools; academic achievement of adolescents studying in aided schools were better than adolescents studying in unaided schools.
- 3. Jafari et al (2014), conducted a research entitled" Comparison of relation between body image and spiritual intelligence among male and female students". The purpose of this research was to analyze the relation between body image and spiritual intelligence in Iranian male and female students. The sample includes 376 students at Islamic Azad University. The tools include Fisher's body image test and spiritual intelligent SSI-29 questionnaire. The data were by t test, Pearson correlation and Fisher's Z test. The relation between spiritual intelligence and Reliance on Internal Core with body image is significant in both genders (p≤0.05). The results show that Understanding and Communication with the Source of Existence in women is higher than men. However, the relation between

Understanding and Communication with the Source of Existence with body image in male is significant ($p \le 0.05$) while it is not significant in female students. There are no significant difference between females' and males' scores in body image and spiritual intelligence.

Objectives of the Study

- 1. To examine the Spiritual Intelligence among Pali, Buddhism and Social Science Students.
- 2. To study the Spiritual Intelligence of High and Low Economic Status Students.

Hypotheses of the Study

- 1. Pali, Buddhism Students would be better Spiritual Intelligence than Social Science Students.
- 2. High Economics Status Students would be better Spiritual Intelligence than Low Economic Status Students.

Variable

Independent Variables

- 1. Department (Pali, Buddhism and Social Science)
- **2.** Economic status (high and low)

Dependent Variables

1. Spiritual Intelligence

METHODOLOGY

Sample

Sample for the study was selected from Dr.Babasaheb Ambedkar Marathawada University, Aurangabad, by using purposive sampling method. The study consisted 120 students from 60 students from Pali, Buddhism and social science student and 60 students from High and Low economic status students. The age range of the sample is 21 to 24 years.

Tools / Measures

Following tools were used for collecting data: **Roqan Spiritual Intelligence Test (RSIT)** developed by Prof. Roquiya Zainuddin and Ms. Anjum Ahmed. This test consists 78 items. It measures Spiritual Intelligence. The test- retest reliability was found to be Cronbanch's Alpha coefficient computed is .73 and Guttmann Split-Half Coefficient calculated is .70. The validity of this test is .85.

Operational Definitions

- **1. Spiritual Intelligence** "The scores obtained on Spiritual Intelligence known as Spiritual Intelligence".
- **2. Economics Status-** "High Economics status means above five lack and Low Economics status means below 5 lack income per year."

3. Post Graduate Students- "Graduate students pursuing study leading to a Master's Degree."

Statistical Method

Descriptive statistical method use for mean, S.D., and t test out for analysis of the data.

Analysis and interpretation of Data

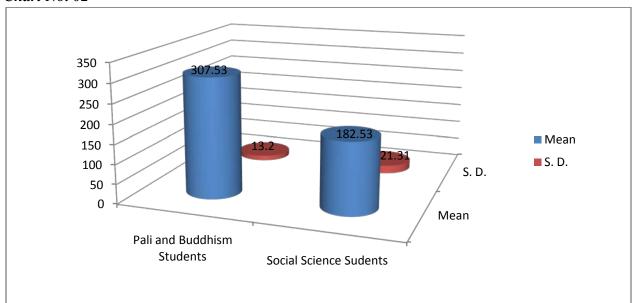
The data collected during investigation was computed to apply the parametric statistical methods.

Table No. 01Showing Mean, S.D., t Values of Spiritual Intelligence on Pali, Buddhism and Social Science Students.

Group	N	Mean	S.D	t- value	Sig
Pali and Buddhism Students	30	307.53	13.20	27.30**	0.01
Social Science Students	30	182.53	21.31		

Significant at 0.01 & 0.05 levels, df = 58

Chart No. 02



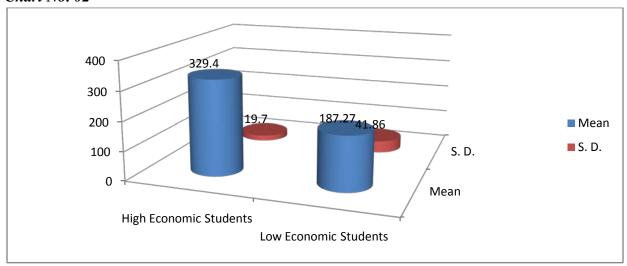
The mean of Pali and Buddhism Students is 307.53& S.D. is 13.20. The mean for Social Science students is 182.53 & S.D. is 21.31 the t value is 27.30, is significant at 0.01 level, at means that there is significant difference on Spiritual Intelligence of Pali& Buddhism students than Social Science Students. Hence, this hypothesis is accepted because Pali, Buddhism students also studied yoga, meditation and holy element so these elements show direct and indirect impact on human body and Brain.

Table No. 02 Showing Mean, S.D., t Values of Spiritual Intelligence on High and Low Economic Status Students.

Group	N	Mean	S.D.	t- value	Sig
High Economic Status	30	329.40	19.70	16.82**	0.01
Low Economic Status	30	187.27	41.86		

Significant at 0.01 & 0.05 levels, df = 58

Chart No. 02



The mean of High Economic Status Students is 329.40 & S.D is 19.70. The mean for Low Economic Status students is 187.27 & SD is 41.86 the t value is 16.82, is significant at 0.01 level, at means that there is significant difference on Spiritual Intelligence of High Economic Status students than Low Economic Status Students. Hence, this hypothesis is accepted, because low economic status family has been lots of problem about daily things so they try to achieve common goals that are important to live a common life. So they neglected many things.

CONCLUSIONS

On the basis of the interpretation following results have been drawn:

- 1. This study concludes that Pali and Buddhism Department students have more Spiritual Intelligence than and Social Science Students..
- 2. This study concludes that High Economic Status Students have more Spiritual Intelligence than Low economic Status Students.

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Conflict of Interests: The author declared no conflict of interests.

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